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Seeking Salvation

‘Living in amends,’ a candidate for
resentencing hopes for another chance

By Thadeus Greenson

6 Josiah
remembered

30 Cod piece



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The look of love from a Pacific tomcod.
Read more on page 30.
Photo by Mike Kelly

On the Cover
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Entertainment Calendar

APRIL

SATURDAY
20

Under the Influence
Classic Rock & Country

TUESDAY
23

KARAOKE

SATURDAY
27

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TUESDAY
30

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‘Cooperatively Caring’

Editor:
I voted to fly the Earth flag at the top of Arcata's flagpoles and was pleased to discover that most voters agreed with that sentiment.
Still, in a restful moment several days ago, as I sat and observed three flags fluttering above the Arcata Community Center, I was surprised that seeing the Earth flag hoisted high affected me so deeply. Hope was restored.
Imagine every nation, including each of those in today's headlines, flying the Earth flag in a manner that says, "We are united in cooperatively caring for the planet that sustains us all."
Let it be so.

Chip Sharpe, Bayside

‘Should Come Down Immediately’

Editor:
Humboldt County Superior Court Judge Canning has ruled that by state law the Earth flag cannot be flown above the American flag (NCJ Daily, April 11). I am concerned that the city council will honor Mr. Meserve's request to leave the flag as is until an appeal can be formulated. I fully agree with the right of appeal. I do believe however that Judge Canning has made the call based on the law. The Earth flag should come down immediately. If the appeals are successful, I am in total support of the replacement of the Earth flag. Although Mr. Meserve has stated that Measure M was not intended to disrespect the United States flag, it seems the state of California and the law disagree.

Richard Cunz, Eureka

‘Very Troubled’

Editor:
I am writing in response to the March 28 article "Military Transport Ships Eying Port in Humboldt Bay." I am very troubled by the prospect of having "two — and possibly three — 800-foot-long ships in the Humboldt Bay."
I do not find this proposition "exciting," as Leroy Zerlang, is quoted as saying. It feels wrong to have 800-foot war ships docked in Humboldt Bay. Even with the distinction that these "aren't actually war ships in the classic sense, but cargo ships used to transport military personnel and equipment to strategic locations," harboring vessels whose express intention is to expedite war is not something that Humboldt should readily welcome.
I am also troubled by this project because it appears to be emerging from behind closed doors. Rep. Jared Huffman was not aware of it until the *Journal* reached out for its article. Likewise, Eureka City Manager Miles Slattery said he was unaware of the effort when the *Journal* contacted him, and online searches on the topic only yielded one result: the *Journal's* recent article. However, Zerlang says he has "personally been working to recruit the Maritime Administration to Humboldt Bay for three years."
Zerlang also says that he "doesn't see it as much different than a ship loaded with wood chips for export." This, in itself, is also disturbing. War does not equal woodchips. To reduce the loads to such indicates a gross desensitization to the emotional, environmental, and economic impacts war and war-adjacent items have on people and place.
Furthermore, I don't want our local economy to be funded by the anticipation of war. Part of the reason war exists is because we commodify it and ignore the emotional strain it has on people and

society. Let us not be people who let this happen to us or our place.
Heather Quarles, Arcata

‘Most at Risk’

Editor:
The *Journal* and other local media outlets report regularly on local car and truck crashes that seriously injure and kill people ("One Killed, Another Injured in 101 Crash," posted April 2). The death toll on our streets and roads is a national disgrace. It is a particularly acute problem here in Humboldt County, and our most vulnerable road users are most at risk.
Mapping local crashes that have resulted in serious injuries or deaths makes one thing very clear: Serious crashes are concentrated on state highways. Deadly crashes involving people walking and biking are particularly common where state highways pass through communities, like Broadway, Fourth and Fifth streets in Eureka.
Caltrans has made significant progress in recent years toward prioritizing safety for all modes of transportation, and the agency deserves credit for those changes. But that improvement is not coming quickly enough, and there are still conflicting pressures and outdated policies that hold back progress on safety.
That's why my organization, the Coalition for Responsible Transportation Priorities, is so excited that Senator Wiener has introduced Senate Bill 960, the Complete Streets Act. This bill would create a legal mandate for Caltrans to provide safe facilities for all kinds of road users, along with accountability mechanisms to ensure that more progress is made.

I want...

I want to be
A good ancestor
To plant seeds for
Future generations
To harvest

I want to leave
A foundation
For strong community
Happy and willing to
Work together

I want to work
For bringing humanity
Back to humans
Because a good future
A strong future
Needs all of us

— Dottie Simmons

Communities here on the North Coast clearly need safer state highways for bicyclists, pedestrians and drivers, and we would see huge benefits from this bill being made law. The bill will have its first committee hearing soon, and I encourage anyone concerned about transportation safety to express their support to our region's representatives — Sen. Mike McGuire and Assemblymember Jim Wood — as well as to the members of the Senate Transportation Committee.

Colin Fiske, Arcata



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‘Your Article Urinates into the Wind’

Editor: Our “last best chance” is, and has always been, empowering the people in their own backyards (“Our Last Best Chance,” April 11).

Weaning ourselves from “fast-track global destruction” requires ecological humility. Each of us can and must eliminate greenhouse gas emissions to fast-track our children’s survival. By omitting consideration of the most effective alternative energy sources available today, your article urinates into the wind onto the people.

Clearly, the best chance to address the climate crisis is empowering the people to place solar on their rooftops. This is not just aspirational: I, along with many others, have relied on rooftop solar since the 1970s. Solar energy is so much easier and affordable to implement now than 50 years ago. Fast-tracking our children’s survival requires that subsidies flow toward rooftop solar/battery; but self-reliant families don’t assure big energy profits.

Artificial intelligence businesses and the military need huge amounts of power and are the primary beneficiaries of centralized electric power. We the people just need enough to power our lights, appliances and vehicles; a rooftop/battery solar system. Installation costs zero out in just a few years, especially as PG&E’s rate hikes continue to escalate.

Finally, the Sierra Club, EPIC, 350.org and CRCP supported Terra-Gen’s high-impact industrial wind project; fooled by low cost power promises for 40,000 homes. Solar-rooftop-homes immediately lock in low electricity rates long-term and don’t damage wildlife, scenery, or sacred Native grounds while eliminating resource and energy wasting transmission lines. We don’t have to wait decades for Terra-Gen to assuage our guilt. Act now! Children and planet can’t wait 10 years to reduce greenhouse gases.

That Humboldt County officials reject solar/battery rooftop energy is irrational and dangerous. Reliable alternatives to biomass, gas and wind power are available for every home; that means fewer people addicted to industrial control. Power to the people!

Jesse Noell, Elk River

‘We Can Only Hope’

Editor: The shadows do grow long for our species. Perhaps the Gods would be pleased to witness their followers use some of the

land and sea to preserve the biosphere (“Our Last Best Chance,” April 11). We can only hope that it is not too late. Fred Summers, Ferndale

‘The Big Solution’

Editor: Thadeus Greenson’s coverage of Cal Poly Humboldt’s work confronting the glut of plastic everywhere and in everything now (“Turning the Titanic,” April 11) was an encouraging start. However, at the end of the article was Morgan King’s more important point, I think, that the fossil fuel industry and the plastics industry’s shift of responsibility to the consumer is, perhaps more crucially, what needs to change.

If companies make and promote products that create immense problems for the planet, those same companies need to be held responsible for solving those problems that they have created, the onus ought to be on them. And why isn’t it? Advertising (professional lying) is part of the problem. That “recycle” is a euphemism for what is in actuality a nonexistent service — that’s part of it. That, as King points out, companies have done a great job moving where the spotlight goes. And, of course, there’s profit. Companies only do what they ought to do that would benefit the well-being of others if doing so is profitable.

New World Water, in Arcata, is one solution: refillable glass containers, as well as reusable plastic ones, are available — but that’s only one small company in one location. None of the containers get dumped somewhere; they get refilled with a purified product, used and refilled again versus case after case of 8-ounce plastic bottles. The Co-op and other stores sell VOSS brand, for example, water in refillable glass containers. That’s what we can do, but the big solution needs to come from the big companies that created the mess but not the clean-up — at least not yet.

Patricia Lazaravich, Trinidad

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won’t print your number). Send it to letters@northcoastjournal.com. The deadline to have a letter considered for the upcoming edition is 10 a.m. Monday.



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One of a series of four

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Make a vaccination appointment at your health center or learn more at opendoorhealth.com/covid-19

‘Very Much Remembered’

Arcata High students unveil mural honoring Lawson

By Jasmin Shirazian

newsroom@northcoastjournal.com

In a room packed with Humboldt community members, Charmaine Lawson, dressed in all black aside from red text on her shirt reading “Justice for Josiah,” turned to place her hand close to the image of David Josiah Lawson. After a few moments of silence, she cut the rainbow ribbon in front of the mural honoring her son.

“[It represents] power, strength, tenacity — continue to fight, cause I’m not fighting alone,” Charmaine Lawson said. “It means the world that my son is remembered after seven years. To see that, I’m grateful. My heart is filled with gratitude. My son’s memory is very much remembered; evil will never win.”

The mural memorializing David Josiah Lawson was unveiled April 10 at Arcata High School. The 19 year old was a sophomore at then Humboldt State University when he was fatally stabbed April 15, 2017, at an off-campus party in Arcata. To mark the seventh anniversary of David Josiah Lawson’s death, Arcata High School’s Black Student Union (BSU) attempted to immortalize his legacy in collaborating with Art Representation Culture (ARC) and Youth Art Will Survive (YAWS) to install a mural celebrating the love and power that comes from being Black, especially when living in a predominantly white county.

Charmaine Lawson said she is proud of the mural that has been presented to honor her son, feeling supported by the people who continue the fight for him.

BSU advisor Shannon Kresge began the unveiling by thanking the BSU students, muralist Arthur, ARC coordinators and Charmaine Lawson. After a few words from ARC co-coordinator and YAWS founder Aundrea All’Love Stuckey, BSU members Aliyah Aaron, Mae Wolford, Tae Wolford and Mayleah Jackson pulled away the black cloth covering the piece, revealing the vibrant work. The room instantly filled with applause and expressions of admiration.

The students gave a speech explaining

why they chose David Josiah Lawson as the face of the painting and the meaning behind the mural, then thanked those who came and helped with bringing the piece to life. The microphone was then given to muralist Malachi Arthur, who said that while in times of tragedy communities can recede into themselves, he hopes the mural will allow and inspire the Black community to continue expressing its voice. Arthur also expressed gratitude at being selected for the project and then invited Charmaine Lawson to cut the ribbon, who, afterward, invited Justice for Josiah Committee members to join her. Lawson then handed the young BSU students flowers and talked about her son and his life. She then passed the mic to the other members to do the same.

Charmaine Lawson asks that the community continue fighting for justice for David Josiah Lawson.

“I’m asking folks to reach out to the DA’s office; call them, email them, [push them] to not keep [Josiah’s] case here,” Lawson said, referring to the still open investigation into her son’s killing. “We want the case out of Humboldt County. We want this case to move to where he’s from, to Riverside County. The DAs here aren’t doing their job, so if you don’t do your job, someone else will do it. But they have to relinquish jurisdiction for that to happen.”

Arthur, the Cal Poly Humboldt alum who painted the installation, said he listened to students’ ideas, while also applying some of his own style to the piece. Arthur said he wanted to make sure he did right by the Lawson family, as well, noting he asked their

permission before taking on the project.

“It was a mix between collaboration and taking [the students’] ideas and trying my best to put them into fruition,” Arthur said. “A lot of it kind of happened naturally. I didn’t want to take it upon myself to commemorate Josiah without talking to his mom, and just getting permission from the community. After getting that, I was able to work with the BSU.”

The project was student led and community funded.

“Personally, to me, the mural means love and almost a sense of unity,” said Arcata High School sophomore Aliyah Aaron, who took on the role of BSU president after her predecessor, who initiated the project, graduated. “Some people were trying to portray it as ‘us versus them,’ or pushing ourselves further away from other groups, but I would say we’re really trying to show ... that we are here in Arcata and we want to be part of the bigger group. We don’t want to be seen as just the Black kids. We want to be seen as a part of the community.”

BSU students chose Josiah Lawson as the face of the mural after months of deliberation, wanting the mural to include a local face that symbolizes strength.

“We [knew we] should have some sort of symbol, and then we were talking about local figures who represent what we’re trying to show,” Aaron said. “A local, Black figure of power. It all kind of boiled down to, ‘Hey, what about Josiah?’ This mural is showing [that] even if he doesn’t get the justice he very well deserves, his spirit and story will always live on.”



Muralist Malachi Arthur and BSU members Tae Wolford, Aliyah Aaron, Mayleah Jackson and Mae Wolford smile together around the newly unveiled painting of David Josiah Lawson. Photo by Jasmin Shirazian

Can You Help?

The Arcata Police Department announced this week that it continues to seek witnesses in its open investigation into the April 15, 2017, killing of David Josiah Lawson. The department issued a press release before the anniversary advising that it continues to pursue leads and field confidential tips. “Witness accounts are essential to moving the case forward, either by corroborating known information or in the development of new leads,” the department said in a press release. “Investigators are hopeful that with the passing of time, witnesses that might have been reluctant in the past might be willing to come forward now.” The department asks that anyone with information regarding Lawson’s death or what led up to it call the department’s confidential crime tip line at (707) 825-2590 or its dispatch line at (707) 822-2424.

The mural unveiling ended with performances by All’Love Stuckey, Ra MHTP and Bamidele Hotep. All’Love Stuckey shared an original spoken word poem and afterward Ra MHTP and Bamidele Hotep, standing in front of the mural, performed separate songs, recording one another as they switched places on stage and supporting each other from the sidelines.

“Don’t forget who you are, you’re blessed with it,” All’Love Stuckey sang. “Baby, so marvelous. No one like you, just look around. Yeah, you’re too strong to turn around.” ●

Salmon Fishing Banned for Second Consecutive Year

In a devastating blow to California's fishing industry, federal fishery managers unanimously voted to cancel all commercial and recreational salmon fishing off the coast of California for the second year in a row.

The April 10 decision is designed to protect California's dwindling salmon populations after drought and water diversions left river flows too warm and sluggish for the state's iconic Chinook salmon to thrive.

Salmon abundance forecasts for the year "are just too low," Marci Yaremko, the California Department of Fish and Wildlife's appointee to the Pacific Fishery Management Council, said last week. "While the rainfall and the snowpacks have improved, the stocks and their habitats just need another year to recover."

State and federal agencies are now expected to implement the closures for

ocean fishing. Had the season not been in question again this year, recreational boats would likely already be fishing off the coast of California, while the commercial season typically runs from May through October.

In addition, the California Fish and Game Commission will decide next month whether to cancel inland salmon fishing in California rivers this summer and fall.

The closure means that California restaurants and consumers will have to look elsewhere for salmon, in a major blow to an industry estimated in previous years to be worth roughly half a billion dollars.

"It's catastrophic," said Tommy "TF" Graham, a commercial fisherman based in Bodega Bay who now drives a truck delivering frozen and farmed salmon and other fish. "It means another summer of being forced to do something you don't want to do, instead of doing something you love."

About 213,600 Sacramento River fall-run

salmon — a mainstay of the fishery — are estimated to be swimming off the coast. Though that's an improvement over last year, the forecast remains the second-lowest on record since the fishery was closed in 2008 and 2009, Yaremko told the Pacific fishery council.

The numbers this year, plus the fact that the forecasts for salmon returning to spawn are routinely overestimated, "add concern," Yaremko said.

Many in the fishing industry say they support the closure, but urged state and federal officials to do more to improve conditions in the rivers salmon rely on. Fishing advocates and environmentalists have lambasted Gov. Gavin Newsom's administration for failing to prioritize water quality and flows to protect salmon in the vital Bay-Delta watershed.

"Our fishing fleets and coastal communities cannot be the only ones making sac-

rifices to save these fish," said Sarah Bates, who owns a commercial fishing boat called the Bounty, berthed at Fisherman's Wharf in San Francisco. "Water policy needs to take the health of our river ecosystems seriously."

The closure comes as the fishing industry still awaits disaster aid promised from last year's salmon fishery closures, which state officials estimated to have cost about \$45 million. The fishing industry says that's a vast underestimate.

"Some fishermen have already lost their businesses and many will in the coming months," said RJ Waldron, who runs a charter fishing business out of the East Bay. Last year's closure dried up his customers, and he put his sportfishing boat up for sale months ago. "My dream of being a charter boat owner is very much a nightmare now."

— Rachel Becker/CalMatters

POSTED 05.15.24

State Bill Aims to Address Cyberbullying Off Campus

In response to his daughter receiving a swastika on social media, a California Jewish lawmaker is pushing for a bill that would give school administrators authority to suspend or expel students if they cyberbully fellow students away from school and outside of school hours.

But Long Beach Assemblymember Josh Lowenthal's Assembly Bill 2351 is coming into conflict with California's recent reforms intended to prevent students of color from being expelled and suspended at disproportionate rates.

The ACLU and other social justice organizations oppose Lowenthal's bill. The bill's critics told the Assembly Education Committee earlier this month at the bill's first hearing that giving school administrators authority to punish students for behavior that occurs off campus could result in the return of "racially biased and disparate" punishment that puts students on a "school-to-prison pipeline."

Lowenthal told the committee that as a socially-conscious Democrat, he previously couldn't "imagine a scenario where I'm on a different side" from the ACLU, but he said his daughter's experience highlighted why the law needs to change.

"Only a decade ago, school bullying ended once you got home and were safe," he said. "Today, many of these activities are now taking place online, off campus, in the digital ether, and outside regular school

hours, and there is nowhere and no time that our kids are truly safe."

Lowenthal told the committee that administrators at his daughter's middle school told him they didn't have authority to expel the student who sent his daughter a swastika on the online messaging app Snapchat. He said the school lacks authority to police off-campus activity and her school was following a "legal interpretation of how the law is written" that places an emphasis on "restorative justice" instead of punitive actions such as suspensions.

According to the bill analysis, "The trend in recent years, in California as well as nationally, has been to reduce the rates of suspension and expulsion (following) a large body of research (that) has identified adverse impacts," including disproportionate rates for students of color.

For instance, the California Department of Education told school administrators in a 2021 memo that African American students made up 5.4 percent of public school students in California but comprised 15 percent of students who were suspended the previous year.

The memo noted that research has shown the rate of suspension is not because Black kids behave worse; rather it is because they receive harsher treatment for minor offenses such as talking in class and other nonviolent behavior.

"Suspension can do more harm than good," the memo noted. "Sending a student

home from school does not address the root cause of a student's behavior; it removes students from the learning environment; and it has a disproportionate impact on African American students and students with disabilities, among other marginalized groups that are underperforming academically and overrepresented in our criminal justice system."

After years of policy changes, suspension is now used as a last resort in California. Total suspensions in California have dropped 58 percent in the 10 years prior to 2022, according to the bill analysis.

Lowenthal said district officials also told him that since the bullying his daughter received was after school and not on campus, there was nothing the school could do. Police told him the incident didn't rise to the level of a hate crime so they were left to choose whether to pull their child from school.

"We had to consider, as a family, leaving the school," he said. "And so the victims are the ones who are actually punished in this situation."

He told the committee the bill is a priority of the Legislative Jewish Caucus, of which he's a member.

"The reason this rises to the level of a Jewish Caucus priority bill is the rise in antisemitism and the rise in Islamophobia that we're seeing on school campuses," said Assemblymember Dawn Addis, a member of the Jewish caucus and one of the five

education committee members to vote for the bill.

Lowenthal didn't say at the hearing when the student sent his daughter the swastika and he didn't identify the school district or if the family changed schools. His office did not return messages seeking comment. The bill, which will next be heard in the Assembly Judiciary Committee, advanced over the objections of two Democrats, David Alvarez of Chula Vista who abstained and Mia Bonta of Oakland who cast the lone "no" vote.

Bonta said her seventh grade daughter's life was "completely transformed because she was cyberbullied." Like Lowenthal, she said the Bonta family learned the school district couldn't do anything about the bullying because it happened after school hours. Bonta's husband is Attorney General Rob Bonta.

But Mia Bonta said she felt Lowenthal's proposed legislation goes too far and reaches "into the lives of children outside of the school campus." Aside from cyberbullying, she noted that the bill includes a host of other reasons an administrator can suspend or expel students for after-hours and off-campus misdeeds, including possessing tobacco, theft and if they're committing an "obscene act or engaged in habitual profanity or vulgarity."

"And that, for me, is the quintessential definition of contributing to the school-to-prison pipeline," Bonta said.

— Ryan Sabalow/CalMatters

POSTED 04.16.24

Seeking Salvation

‘Living in amends,’ a candidate for resentencing hopes for another chance

By Thadeus Greenson
thad@northcoastjournal.com



A mural Patrick Harvey painted at Pelican Bay State Prison in the early 2000s commemorating the lives lost in the Sept. 11 terrorist attacks.

Courtesy of the California Department of Corrections and Rehabilitation

Patrick Harvey, speaking to the *Journal* from the California Medical Facility, a state prison in Vacaville, falls silent for a moment, considering the question about hope. Harvey, who has served 25 years of a 25-to-life sentence, reportedly the first under California's three-strikes law handed down in Humboldt County, has a tendency to speak quickly over the phone, though it's unclear whether that's the product of his attention-deficit/hyperactivity disorder or the prison's phone system only allowing 20-minute calls. But asked about hope, he pauses.

"I'm what they call state-raised," he says, explaining that at 52, he's only spent 14 months as a free man since he turned 18. And even before he came to prison, he says, there were stints in juvenile halls and the California Youth Authority. He says he's been accustomed to incarceration since his early teens, since he was first sent to juvey in San Diego County after he ran away from home and was caught breaking into a vacant apartment, looking for a place to sleep.

"Once that began, I was pretty much stuck in the system," he says. "And it was my fault."

Harvey says when he started serving his current, indeterminant sentence, voters had overwhelmingly passed Proposition 184 just a few years earlier, making three strikes the law of the land. Pete Wilson was governor and, Harvey recalls, almost

nobody was getting paroled as California's prison population continued to spike toward its 2006 peak of almost 175,000 inmates. Hope was some kind of hypothetical luxury he says he couldn't afford, the kind that does more harm than good.

"I'd kind of come to terms that I'm just going to do life in prison," he says. "I used to watch lifers come onto the yard and I'd just look at the way different people carried that dynamic. There were people who had this kind of non-realistic hope of getting out."

He says he saw inmates whose emotions were ruled by the status of their latest appeal or changes in the law, dragging their families through cycles of hope and despair. It got the best of some people, he says, leading some to suicide and others to do "dumb stuff" like start fights.

"I always used to tell myself not to get caught up believing in a false future, not to get my family caught up in that," Harvey says. "I'd see people like that and remind myself not to get that way."

But more than two decades later, both the law and Harvey have changed. Hope has now become tangible, constant, unavoidable.

As someone having served the bulk of a long prison sentence for a nonviolent offense, Harvey has been identified as a candidate for a new prosecutor-led resentencing pilot program. He says the Humboldt County District Attorney's Office is currently reviewing his case to

determine whether it will ask a judge to reduce his sentence. It's unclear how long that process will take or when a decision may come.

Friends and family say the new program is being implemented at an opportune time for Harvey, since they've noticed a marked change in him in recent years as he's dedicated himself to self-awareness and self-improvement, to preparing for a day when he might leave state custody.

Harvey himself concedes he's hopeful but says he's trying to focus on what's in front of him, what he can control, and not getting too caught up in what might be.

"I live in what's known as living in amends," Harvey says, explaining he now tries to help those around him whenever possible, whether helping a cellmate prepare for a parole hearing or a fellow inmate who uses a wheelchair get around. "I do that in showing that I owe society something, that I owe society what I took from it. In living in amends, you atone for the damage you've done. And you do it daily."

Looking through Harvey's

history with the California Department of Corrections and Rehabilitation, he's transferred prisons 24 times, rarely staying in one place for more than a year. His childhood followed a similar pattern.

Thomas Harvey says he and his wife Judy were searching when they had Patrick, the first of their five children. In 1971, they

were traveling to different alternative living communities and trying to find a life that fit.

"We were hippies," he says, explaining that they lived in a cabin in the Nevada desert before moving to a commune in San Francisco, then traveling to British Columbia to start a commune there before settling on a small plot of land on the Kenai Peninsula of rural Alaska to build a cabin. "All that was in the first year of his life. We didn't know but that had to affect him."

In Alaska, Thomas Harvey says he set about building the small family cabin, noting it was a significant undertaking as he had no real homebuilding experience. Since he "didn't believe in using any kind of machines," he used only an ax and hand saw at first. When it came to raising Patrick, Thomas Harvey says he and his wife followed an unconventional parenting philosophy out of Europe.

"The idea was to really let your child experience who they are, take out all barriers and let them see the world and experience it," Thomas Harvey says. "We would leave the cabin door open. In the first few months and years of his life, he was brought up with no boundaries."

That would change abruptly, though, after Thomas Harvey had a spiritual awakening and found Jesus. Thomas Harvey says the shift started when, with winter approaching, he flagged down the train into town to go buy a chainsaw, realiz-

ing his cabin effort needed mechanical reinforcements, as well as weatherproofing materials. In town, he says he stayed at the local rescue mission, which required he attend service to get a cot and a meal.

Thomas Harvey says he'd always been spiritual, raised Episcopalian and having followed "different gurus" in adulthood, and concedes he was likely high on "marijuana and probably LSD or mescaline," which he would take in small doses, when he attended the service. When the preacher talked about finding Jesus and being born again that day, Thomas Harvey says it spoke to him, sparking a life-long conversion.

"That held for me, even though I was on drugs," he says.

Within a few years, the family had relocated from the cabin in the woods to a commune started in the city of Palmer by Gospel Outreach, a Christian church founded in Humboldt County in 1971 by pastor Jim Durkin that found a foothold speaking to young people who had embraced the counter culture. From there, they moved a Christina commune in Anchorage, where they stayed for two years, before settling in Kenai.

In a "journey letter" Patrick Harvey wrote at the request of For the People, a nonprofit helping to administer the state's prosecutor-led recall and resentencing program, he talks about the abrupt shift from growing up with "no neighbors and few rules" to living in a Christian community that embraced the motto "spare the rod, spoil the child," and empowered all its members to set children straight if they felt they were out of line. Patrick Harvey says he was punished frequently and severely. "I believe I developed to think that if everything, no matter how trivial, resulted in getting beat, then why try to be good," he wrote.

Shortly after moving to Kenai, when he was maybe 5 or 6, Patrick Harvey says was also molested by a teenage neighbor.

"He told me he had puppies to give away in an abandoned trailer on their property," he wrote, adding that once inside, the boy trapped him and molested him, adding it would soon become a regular occurrence.

In the small community, Patrick Harvey came to be known as a kind of problem child. He'd sneak out of his house at a night and was regularly caught stealing.

"He was just always in trouble," Thomas Harvey says.

In 1982, the family, now with five kids, decided it was time to move on. Thomas Harvey says he had his own business in town, was serving as an assemblymember in the local bureau government and it all became too much. So he took the \$7,000 in permanent funds the family received

as Alaska residents, purchased an old U.S. Army ambulance and refurbished it into an RV.

"I couldn't carry the weight of it all, and so we took off in a bus and toured the country," he says. "Looking back on it, I didn't make good decisions a lot of the time."

The Harveys traveled to the East Coast and down through the South, home schooling their kids, once stranded in Nashville, Tennessee, for months after they broke down there, before landing in Southern California.

"We were a dysfunctional family living in this cooped-up RV traveling to towns where we didn't know anyone," recalls Matthew Harvey, one of Patrick's younger brothers, speculating that Patrick, as the oldest, probably found the period the most challenging.

When Patrick was about 11, the family landed in San Diego County. They stayed for a time but remained homeless and would move from "spot to spot" in the RV, he says.

"We never grew roots," Patrick Harvey wrote in the journey letter. "I never developed friends, as we were never in any particular place for very long."

Patrick Harvey says he continued to steal throughout this time. Sometimes he took things he wanted or that made him feel like he fit in at school, like clothes or a skateboard. Other times it was food. He says the only times he got caught were with food, so he stayed out of major trouble.

When he was about 12, Patrick Harvey says he was molested again, this time by an uncle, who he says worked to turn him against his parents while grooming him and molesting him almost daily over the course about six months.

"He told me I was gay and my Christian parents didn't want a 'faggot' for a son, but he offered conditional love, if I did what he wanted," Patrick Harvey recalled in the letter, later adding that the grooming was so effective he still sometimes feels like a "liar" when talking about it and that despite "lots of therapy" over the years all his five senses "relive what happened when I go back there in my mind."

Thomas Harvey says his son changed after the molestation, "like turning a coin over." Long disobedient and drawn to trouble, Thomas Harvey says his son became angry.

"He just changed and he kind of went wild," he says.

Patrick Harvey says his first arrest came around this time, after he ran away from home and broke into a vacant apartment looking for a place to stay. A series of stays

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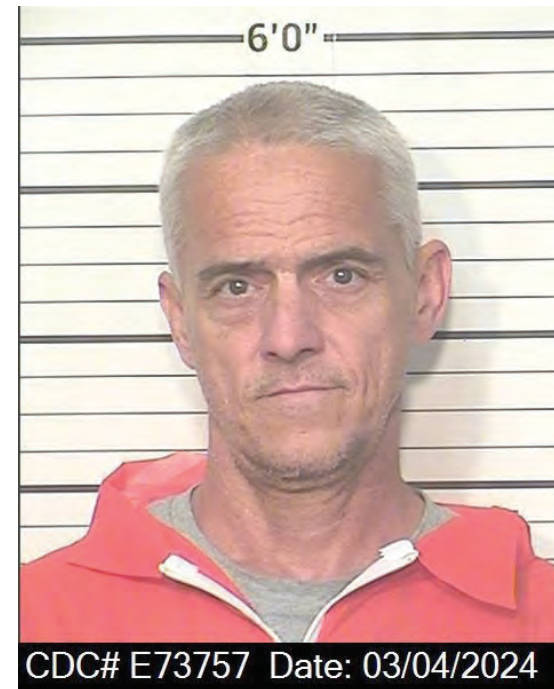
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Patrick Harvey, photographed after his March 4 transfer to Pelican Bay State Prison from the California Medical Facility. Courtesy of the California Department of Corrections and Rehabilitation

in juvenile hall would follow, as well as one at Charter Hospital, a psychiatric facility where Patrick Harvey says he was strapped in five-point restraints and forcibly medicated.

Around the same time, Patrick Harvey says he smoked cannabis for the first time and it made him feel “better, happy, safe.” A short time later, he tried speed, which he says made him feel “powerful, funny, energetic ... accepted and normal.” None were feelings he’d been accustomed to.

“I always wanted to be high,” he says. “Drugs were my friend, and later my captor.”

When Patrick Harvey was released from San Quentin State Prison on parole on March 20, 1997, he says he was determined to get his life in order. And things started off well. He enrolled at College of the Redwoods and found work with New Life Services Co., painting and cleaning houses after disasters, and moved into a duplex with Karie Carsner.

Carsner says she and Patrick were at El Molino High School in Forestville in western Sonoma County in the late 1980s when they met on a movie double date. Carsner’s date had brought him along to go out with her friend. “By the time the movie was over, we totally knew we were with the wrong people,” Carsner says, adding that she was instantly drawn to Patrick — his sense of humor, his varied taste in music, his smell — and the two have shared a deep connection ever since.

Carsner says in retrospect she believes the two recognized childhood trauma in each other, though she says they never discussed it at the time. But they loved ad-

without a hitch, she says, but then they woke up in Judy Harvey’s car, surrounded by police with guns drawn.

After spending about a week in juvenile hall because she refused to disclose who her parents were, Carsner says she was sentenced to paint the fence outside the police department. The next time she saw Patrick, some years later, she says he was “really addicted” to methamphetamine.

Patrick Harvey says that kicked off a years-long cycle in which he was either in prison — serving two stints from 1990 to 1993 and from 1994 to 1997 — or taking methamphetamine and stealing things.

“That’s my cycle,” he says. “I do a lot of meth and then I do crimes.”

He says he’s recently come to understand what fuels this pattern. First, there’s the draw to the feeling of power and strength methamphetamine gives him, then the quick spiral into addiction and then the burglaries, which funded his addiction, but also gave him a sense of control and competence. It was the feeling of being good at something that had evaded him in many other aspects of life.

When he moved in with Carsner, he says he knew he was running out of chances with two strikes on his record. By that point, he had convictions for three burglaries, two car thefts, fleeing the county and a charge of attempted reckless evasion.

Carsner says things were going well for a time. Patrick was working and going to school, she says, and acting as “a really good dad” to her daughter, who was entering kindergarten at the time. She says it was Patrick who researched schools and helped find one that was a match for her — an art school in Arcata — and would then take her there every morning.



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Then one Sunday in November, she says everything changed. They'd spent the day with Patrick's family at the beach in Trinidad and were heading home as it was getting dark. When crossing the Mad River bridge on U.S. Highway 101 south, they were hit from behind by a big pickup truck with such force, Patrick Harvey says, that the crumple zone at the rear of their car came within inches of Carsner's daughter in the back seat. The other driver was drunk, Patrick Harvey says, and stumbled out of his truck to ask Patrick why he'd been "going backward on the freeway."

Patrick Harvey, Carsner and her daughter were all taken to the hospital and Carsner says she suffered a crushed disk in her neck and a head injury that left her with memory issues that forced her to drop out of school. Patrick, she says, quickly spiraled.

"He just couldn't deal with life," she says. "He was just ... gone. It went really fast."

Asked about the crash, Patrick Harvey says its aftermath is a low point in his life. In retrospect, he says he just didn't have any coping skills and that as soon as he started feeling "bad and desperate," he started going out and getting high on meth and quickly fell back into his old pattern. But he also says things may not have been going so well as others may have perceived, even before the crash.

"I wouldn't want it to be misconstrued that I was doing perfect before then," he says, adding that he'd already slipped into the pattern of being "a casual drug user," saying he'd started feeling "uncomfortable, awkward and out of place" as his new life had solidified. "I was using speed. I want to keep it honest. I was probably using more than she was aware of because I was keeping it secret from her because I was ashamed of myself."

It was only a few weeks from the day of the crash to Patrick Harvey's last arrest. At some point in that timeframe, Carsner confronted him, telling him he was on the path to a third strike and a long prison sentence. But he says he didn't listen.

"The message was there but to me at the time, it was something she was saying to take me down," Patrick Harvey says. "I was just being my worst self and I didn't know how to stop. ... I totally failed there. And the result was my promise of a life with her, I basically flushed that down the toilet."

Carsner recalls talking to Patrick after he'd been sentenced to 25 years to life in prison and put on a level-IV yard at High Desert State Prison in Susanville with murderers, rapists and gang members. She remembers being so mad at him and so sorry for him.

"I told him, 'I'm mad at you. You're an

idiot and I'm not going to be your cheerleader," she says. "But it was obvious that he was scared. He was really scared. He was a kid who never got to be a kid, never got the help he needed. He was never not a good person. If there was someone stuck on the side of the road, he'd stop to help them. He was covered in tattoos but would do things for little kids. But he would do drugs, then do stupid things."

Over the phone, Patrick Harvey says this piece of his life is perhaps the hardest to talk about, noting that while he hasn't "unremembered" it, he has "a tendency not to think about it." But now 52, he says he's also come to see it as necessary.

"Prison saved my life," he says. "It did do that. I would be dead for sure. I had no plans to stop using drugs. I wanted to do more drugs."

"This is Global Tel Link. You have a pre-paid call from Patrick Harvey, an incarcerated individual at Pelican Bay State Prison, in Crescent City, California," begins the automated message from the prison phone system, warning that calls will be monitored. When the *Journal* accepts the call, Patrick Harvey says he's adapting to his new surroundings since being transferred from the medical facility in Vacaville. He's been to Pelican Bay before, but that was on the maximum security yard, not the level-II yard he's placed on now. He says he was sad to leave the medical facility, saying he'd gotten comfortable there and liked helping other inmates who were there dealing with various medical issues.

"But it's a good thing," he says, explaining that his transfer opened up the medical bed he no longer requires to someone in need of treatment.

Over the ensuing weeks, Harvey conveys that he's getting his feet under him in his new surroundings, though his personal property has not yet arrived. He says he's already landed a prison job, teaching a crew of about 14 inmates to paint murals. He says he was approached by the yard captain, who'd learned of the handful of murals Patrick painted while at the facility in the early 2000s.

"That's a privilege," he says, saying he's excited to share his passion for art with others and give the place some color.

Patrick Harvey says when he was last in Pelican Bay State Prison, he was simply trying to get by day to day, looking to paint and be creative where he could, but with no real designs on growth or the potential for a next chapter in his life. He was simply a lifer doing life.

"Because I was facing a bunch of time,

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they put me on the yard at one of the hardest prisons in the country,” Patrick Harvey says of his first placement in Susanville, which he says was run by the Aryan Brotherhood and where he says he was involved in a pair of riots, which prompted his first transfer to Pelican Bay. In addition to a pervasive hopelessness, he says he struggled to navigate prison life initially but felt he was “growing up a little bit” when he reached a pivot point where he defied the direction of a prison gang.

“They told me they wanted me to do something violent to carry my share,” he says. “My term came up, basically, but I made the decision to not be violent. A faction of skinheads put me on a hit list for basically not doing the violent stuff I was supposed to.”

Patrick Harvey says he was then placed on what’s known as a Sensitive Needs Yard in the prison, a form of protective custody. There, he says, the vibe was different and he was surrounded for the first time with people accessing self-help programming and trying to better themselves. At first, he says, learning about victimology and substance use disorder and the like was just “something to do.” But over time, it began to resonate.

“It’s a different get down over here,” he says. “Basically, there was an option to change your life.”

He says he started to pour himself into the work, earning a GED in 2014, and certificates for courses in alternatives to violence, fatherhood and focus, victim impact, substance abuse, Narcotics Anonymous and safe food handling, ultimately becoming a facilitator in alternatives to violence groups. He says he also started to stay out of trouble, noting that his last significant rules violation was for a fight “eight to 10” years ago.

The last thing he got in serious trouble for, Patrick Harvey says, was having tattoo paraphernalia, noting that he became a kind of “professional” at prison tattooing to make a bit of money here and there to purchase things through the canteen. (Matthew Harvey says he was amazed that Patrick rigged a makeshift tattoo gun out of a mechanical pencil, a guitar string, a Walman motor, a multi-volt plug-in adapter and homemade ink.) Patrick Harvey says he’s now given up tattooing for the time being, instead drawing pictures for fellow inmates. He says he’s currently working on an illustration of a guy’s daughter reading stories to her pet dragon as a gift.

Patrick Harvey says the first real prospect of release came in early 2020, when he was informed he’d go before the Board of Parole Hearings that August. He says he quickly worked to prepare but wasn’t ready on multiple levels, saying in the stress of

it all he snapped at two prison staffers in separate incidents shortly before the hearing, calling one a “bitch.”

“It got to that point, unfortunately, and it was totally my fault,” he says, adding that he later apologized but feels the incidents worked against his chances.

But that aside, he says he wasn’t ready, and the board found he lacked insight and continued to pose a moderate risk for violence, denying his parole. The Humboldt County District Attorney’s Office argued against his release at the time, pointing to his “early criminality,” the years of substance abuse and his “psychological instability,” evidenced by a history of rules violations in prison.

Patrick Harvey says he understands why he was denied, saying he feels he did lack some insight into what caused his previous relapses into drug use and criminality. But it was the first time he’d allowed himself — and his family — to hope, he says. And it didn’t work out.

“That was a real, real hard thing,” he says, adding that after getting over the initial sting, he got back to work on himself.

Patrick Harvey says he sees things differently now. Leaving prison, he says, is no longer the sole goal, just another step on a path of self-improvement toward, hopefully, making positive contributions to his community. With that mindset, he says he started focusing on doing everything possible to help those around him, hoping to make up for what he’s done by what he’s doing, bit by bit, day by day. He and a friend in prison agreed to “sponsor” one another, pledging to get together once a day just to talk, to “sound off each other and give constructive criticism and support.”

“It’s a checkpoint,” he says. “Knowing at some point in the next 24 hours you’re going to have to explain to someone how you’re doing, it keeps you on track.”

And he says he started to think seriously about what life outside might look like and what he’d need to be successful, putting together a relapse prevention plan and researching residential programs that could help his transition. Amid this backdrop, Patrick Harvey says he was helping his cellmate prepare for his parole board hearing one day in June when a letter arrived, looking “official” and “all typed up.” Initially, he says he thought it was just from “some attorney” trying to fish for extra work. But when he read it closely, he saw it was from the nonprofit For the People, saying he’d been identified as a potential candidate for the prosecutor led resentencing program being piloted in nine California counties, including Humboldt, which it is helping to administer.

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Continued from previous page

Patrick Harvey says that this felt inherently different than being called before the parole board, as it feels like a chance to make his case to the district attorney — an elected representative of his community — that he's ready to come home, that he's changed.

Both Humboldt County District Attorney Stacey Eads and For the People declined to comment for this story. For the people said it's policy is "not to publicly comment on active, ongoing cases." Eads said while her office does have one individual under review currently, "evaluating a potential candidate for resentencing is a thorough, multi-step process, which, for an outcome that is fair and just, requires seeking and considering victim input, as well as respecting the confidentiality considerations for an identified potential candidate." The Humboldt County Public Defender's Office did not respond to a request for comment.

Asked, as the *Journal's* publication day drew close, if he's concerned that talking to the press for a story could harm his chances, could somehow be held against him in the review process, Patrick Harvey concedes he is but says he thinks the story is important. He says he wants people to get some insight into the lives affected by these programs beyond names and rap sheets on a page. And he says he wants his community and his district attorney to hear from him directly, wants to tell them that he's committed to living in amends.

"I wish Eads could have been in the room for all our conversations," he says. "It feels empowering that I have a voice. In here a lot of times, you get a feeling that you disappear to society, not in a pity way, but you just feel a little voiceless. And a lot of times, I feel if people knew more, they might feel a little bit differently.

"It is my community," he continues. "I'm not separate from my community. I'm part of it, in exile."

Patrick Harvey says he'd been up for three days doing methamphetamine when, on the morning of Dec. 2, 1997, he left the home of an acquaintance — "a fellow drug user and criminal" — looking to find a home to burglarize in search of computer chords to hook up a stolen scanner. He canvassed several neighborhoods looking for a house obstructed from view by neighbors and that seemed to be empty. A place on Papke Court in Eureka seemed to fit the bill so he knocked on the front door in the late morning, checking if anyone was home. When no one answered, he looked for a way in, finding an unlocked side door.

He'd been inside for hours when Peggy O'Neill, at work in Trinidad, got the wor-

ried call from her 15-year-old daughter, who'd arrived home from school to find the whole house "just taken apart." More than 20 years later, O'Neill recounts the experience in vivid detail after being called by the *Journal* out of the blue.

"Something is wrong with our house," O'Neill recalls her daughter reporting. "She said, 'Everything is all turned upside down.' I said, 'Get out of there now.'"

O'Neill says her daughter instead barricaded herself in the bathroom after seeing Patrick Harvey piling up the family's belongings outside, but O'Neill didn't know this at the time, as she'd told a co-worker to dial 911 before jumping in her car to speed home. She says she'd been going 100 mph on U.S. Highway 101 for miles when she noticed a California Highway Patrol car behind her with its lights on near Mad River.

"I pulled over and was literally out of my car and at his window before he knew what was happening," she says, adding the officer radioed dispatch and learned O'Neill's daughter was OK and Patrick Harvey was in custody.

When O'Neill got home, she says the place was trashed.

"Everything you could think of was upside down," she says, adding that Patrick Harvey had made a sandwich in her kitchen, drank a couple of sodas and evidently took his time ransacking the house. "All the drawers were pulled out; everything was pulled out of the closet."

O'Neill says the burglary left her deeply shaken, noting it came just days after the disappearance of Karen Mitchell and around the time she'd heard a girl had been raped by Zane Junior High School.

"It was pretty terrifying," she says. While it wasn't a violent crime, she notes, it could have been, as Patrick Harvey, who'd been unarmed when entering the home, had taken her husband's pistol during the burglary. The idea of what might have happened had her daughter caught him by surprise haunted her. "I was just really traumatized."

Months later, after a jury trial at which prosecutors cast him as a career criminal, Humboldt County Superior Court Judge Dale Reinholtsen sentenced Patrick Harvey to serve 25 years to life in prison, reportedly making him the first local defendant sentenced under California's three strikes law, after his conviction for first-degree burglary, being a felon in possession of a firearm and other offenses. Reached by the *Journal* for this story, Reinholtsen says he doesn't recall the specifics of the case but he imagines it was a difficult sentencing decision, with the seriousness of Harvey's crimes and the fact he was armed weighed against his relatively young age

and the length of potential imprisonment. While he declines to weigh in on whether Patrick Harvey should be recalled and resentenced, he said he's glad the law has changed and such programs and opportunities exist, allowing people to take a fresh look at old cases.

Informed of Patrick Harvey's candidacy for the recall and resentencing program, O'Neill notes that he wrote her a letter a few years back, when he was coming up for parole. He tells the *Journal* he did this because he wasn't sure she was going to be notified, as the victim of a property rather than violent crime, and felt she had the right to know. O'Neill says that while she appreciated some of the sentiments in the letter, she found it off-putting he'd found her home address.

"In my opinion, 25 years in prison is a long time," O'Neill says after considering a moment. "I don't know what kind of person he is now. Maybe he is totally changed. He may have changed and I'm not here to say he doesn't deserve another chance. ... I wouldn't stand in his way of getting released."

For a long time, Patrick Harvey says he never thought about the victims of his crimes, never considered the way his actions impacted their lives. But he says he now can't think about his past without thinking about the reverberating impacts: the way O'Neill probably struggled to feel safe and clean in her own home for years if not decades; the fear her daughter must have felt; the officers who had to chase and tackle him, likely fearing for their own safety; the jurors who sat through the trial at which he lied and insisted it wasn't him; the feelings of shame and anger his family and friends must have felt after believing his denials. And he says he's intent on making amends.

He says he's made contact with the Delancey Street Foundation, a nonprofit residential re-entry and substance abuse treatment program based in San Francisco, saying that while he feels he's ready to leave prison, he knows he'll need help adjusting to life outside. This, he says, makes release feel a bit less daunting, saying "I needed to make a deal with myself: I'm not getting out of prison, I'm just reducing my custody." He also says he's lined up supports and sponsors, and his parents and siblings are standing by to help in any way they can.

But Harvey says whatever happens, he's in a good place. He's been completely sober since early 2018, he says, when he last smoked cannabis. His relationship with his parents, who he talks to daily, is as solid as it's ever been, he says, saying "they've

forgiven me and I've forgiven them, and we've come a long way." He says he worries about the impact this new hope may have on them if things don't work out, but says he's impressed upon them that, "We're hoping this goes a certain way but if [the DA] says no, it's still OK."

For her part, Judy Harvey says she's noticed a deep change in her son and thinks he deserves another chance, as do all non-violent offenders sentenced under three strikes.

"There have been murderers in this town — and I know who they are, I know their names — who have been let out," she says. "It makes me angry. It's like, 'Wait a minute. My son stole things.' I feel it's unjust."

She says her son has been deeply missed by his entire family, his incarceration leaving a void at birthday parties and holidays. She also says there will be a line of people waiting to "hold his feet to the fire" and help keep him in line if they get the chance.

Carsner says she, too, feels she's noticed a change in her phone calls with Patrick, saying he's repeatedly tried to stress his regret at what he put her through and the work he's been putting in to better himself. She says she's hopeful.

Thomas Harvey agrees his son has been on a good road, doing good work and is in a good place, saying he believes "God has been preparing him for this."

He's asked whether he believes his son has been rehabilitated.

"I believe he needs a chance," Thomas Harvey says. "How do you know when someone's been in prison for so long? They get dirty. It's not a good place."

He pauses, then continues. His son has been working hard, he says, and he believes the new insight and self-awareness are real. But rehabilitation isn't so much a destination as a process. He points to Delancey Street or another residential program, saying that while he initially pushed back at the idea, wanting Patrick Harvey home after his release, he now sees it as an important step on his rehabilitative path.

Thomas Harvey recalls an interaction at a recent prayer group at his church in which a woman asked if he knows he's going to heaven. He says he replied, "No," saying he hopes to, but can't speak to what will happen when the day comes. Rehabilitation is similar, he says.

"It's like salvation," he says. "You hope for it but do you know? Not until the day."

●
Thadeus Greenson (he/him) is the Journal's news editor. Reach him at (707) 442-1400, extension 321, or thad@northcoastjournal.com.

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NCJ ON THE TABLE



The taste of spring in a Persian herb frittata.

Photo by Simona Carini

A Green Dish for Earth Day or Any Day

By Simona Carini

onthetable@northcoastjournal.com

Thanks to months rich in rainfall, everywhere I look is green: our yard, pastures, parks. My plate is also green, partly because I eat a large green salad every day ("Take Time for Salad," March 23, 2023), partly because I cannot resist the bunches of glorious leafy greens available at the farmers market.

Neat bundles of heavenly smelling fresh herbs are another item I gladly purchase. They are a treat for the eyes, the nose and the palate. They usually don't last long in their delightful freshness and most dishes require relatively small quantities of herbs, so it is good to have in our repertoire recipes that call for larger amounts. Because — allow me a little detour here — we don't want to waste food, around Earth Day, or any day of the year.

One recipe that fits the bill nicely is a Persian dish called *kuku sabzi*, a kind of herb frittata traditionally prepared for Nowruz, the New Year celebrated on the spring equinox. (*Sabzi* is the Farsi words for herbs.)

I have read many versions of this recipe, the main elements of which are fresh herbs and eggs. A common refrain is the ability to tweak it based on what the cook has available. I have also made different versions using what was in my crisper

(more dill one day, more parsley another, lovage from my garden, etc.). A different combination means a different flavor, so this is a dish that can be made again and again without becoming boring. Some recipes include greens and I like to do that, particularly spinach.

A good amount of chopping is required to prepare herbs and greens. Rather than a chore, I approach that as a relaxing, soothing activity.

The intense green of this dish nicely points at the spring season and the flavor is truly a treat for lovers of fresh herbs.

Persian Herb Frittata

Flatleaf parsley, dill and cilantro are widely used, including leaves and tender stems. (I set aside thicker stems and the dark part of the leeks to make broth.) I add some sprigs of lovage and the leaves of a handful of thyme sprigs.

Serves 4-8 as a main or appetizer.

Ingredients:

- 4 ounces cleaned leek, white and light green portion
- 4 tablespoons extra-virgin olive oil, divided
- 8 ounces fresh, cleaned spinach
- 2 cups finely chopped fresh herbs (see recipe note above)

5 large eggs from pastured poultry
¾ teaspoon fine sea salt
½ teaspoon freshly ground black pepper
½ teaspoon ground turmeric

Cut the leek in half lengthwise and slice into ½-inch half-moons. Rinse well in a colander, then place in a bowl and fill it with cold water. With your hands, swirl the leek pieces to clean them well, then scoop them out of the water with a sieve or slotted spoon, and drain them in a colander.

Warm a 10-inch nonstick skillet over medium heat, then add 2 tablespoons of the olive oil. Add the leeks, stir well and cook for a couple of minutes. Cover the skillet and cook on low heat until the leeks are soft (12-15 minutes), stirring every now and then, making sure nothing burns. Transfer the leeks to a small bowl and clean the skillet.

Wash the spinach, drain and spin dry. Chop finely.

In a large bowl, whisk the eggs thoroughly, then whisk in the salt, pepper and turmeric. Add the cooked leeks, the chopped herbs and spinach and mix everything well. A silicone spatula works well for this step, which requires patience.

Warm up the skillet again over medium heat, pour in the remaining 2 tablespoons of the olive oil and swirl to coat. Empty the bowl into the skillet and use the spatula to spread the mixture evenly across. Cover the skillet and cook the frittata on low heat for 5 minutes, then uncover and continue cooking for another 8 minutes, until set most of the way through.

Use a spatula to lift the frittata all around the edge, then shake the skillet to ensure the it does not stick. Flip the frittata onto a flat plate (or the back of a cookie sheet). Slide the frittata back into the skillet and cook the other side for 7-8 minutes.

Let the frittata cool slightly, then, with the help of a spatula, slide it onto a platter, cut and serve warm. It is also good at room temperature. ●

Simona Carini (she/her) also writes about her adventures in the kitchen on her blog pulcetta.com and shares photographs on Instagram @simonacarini. She particularly likes to create still lives with produce from the farmers market.

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North Coast Rape
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An Advocate's Journey

By Jessica Silva

itspersonal@northcoastjournal.com



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I've long believed volunteering is the best way to get to know a community when you move to a new place. In 2014, I moved to Humboldt and spent my first few years picking up casual volunteer shifts when I could, gravitating first toward community cleanups and zero waste sorting at festivals, then toward helping to feed or raise money for people without adequate food. It felt good and, as with all good things, I wanted more.

Around the end of 2019, life felt stable and I was ready to think about a bigger commitment to the people in my community. On my morning drive to work, a radio ad from CASA of Humboldt would play, talking about courts, advocacy and some other concepts I didn't understand yet. But I did understand it was in service of foster kids, which caught my ear. After hearing the ad for I don't know how many months, I couldn't stop thinking about it and finally decided to reach out and learn more.

I learned that Court Appointed Special Advocates (CASA) is a national group with individual chapters across nearly every state in the nation (I'm looking at you, North Dakota, the last holdout). CASA recruits and trains volunteers, regular folks like you and me, to provide mentorship and court advocacy for kids who have found themselves in the foster system. As a writer, I was pumped about the idea of writing court reports every six months but more than slightly terrified at the mentorship aspect. The self-doubt was real. I don't have children and I grew up an only child — would kids even like me? Would I even know what to say to them?

What if I totally sucked at this?

Though, what if I didn't suck at it? Maybe I could do some good.

I soon discovered the CASA staff who would train me and supervise me through my first case provided all the support an unsure volunteer like me could ever need. That they did it under the craziest of circumstances made it an even more exceptional experience. Right as I started my training, the whole world shut down due to the global COVID pandemic. I certainly had thoughts of backing out with the fear of the unknown looming ahead but I'm so glad I didn't. Kids, even in the best of circumstances, were about to need the support of all the adults in the room. If I didn't want to suck at this, I couldn't back down at my first opportunity to step up when it really mattered.

A few months after training ended, I received my first assignments, a pair of brothers. If I thought I knew nothing about kids, I knew even less about boys. I second-guessed myself clear up until I met them, but then quickly knew I was exactly where I needed to be. Not having my own kids wasn't a hindrance at all; I didn't need to be their mom, I could just be their friend. They had their foster parents (amazing ones), their social worker, their teachers, their lawyer and therapist supporting them through the system. I could be something else entirely, the final piece of a vital team committed to supporting them through this insane and unfamiliar experience.

We played video games, hunted mushrooms and caught crabs off the pier. We saw kids' movies and called for whales from the shores of Centerville Beach

(these kids speak fluent whale, by the way). I came to love the little prints their sticky hands would leave in my backseat, evidence of the delicious food we'd find on our adventures. On their bad days, they'd throw some defiance and difficulty my way, testing the limits of my commitment, as kids who are let down by adults are so often inclined to do. Their instinct tells them, "If I can push them away first, it won't hurt as bad when they leave." It was my mission to let them know I wasn't going anywhere and to be a safe space as they worked through their big emotions.

I was their CASA for a little under two years. I was proud of the commitment I'd made to them. Somewhere along the way, though, I realized exactly what these kids were doing for me. During COVID, the world often felt like it was falling apart but the kids helped me find purpose. They were a gift during the strangest of times, a reprieve from my lesser worries and a reminder to stay young at heart.

But it went beyond that. I was a foster care kid, too, spending two years in the system before going back to my parents. These kids took me on a cathartic journey to heal the broken pieces of myself I'd buried away long ago. The trauma of my experience and the lack of constancy fundamentally changed who I was as a person. All I wanted was for these kids to have more healthy constants in their lives than so many of us had while in the system. Working with CASA allowed me to aid in the pursuit of ending the generational trauma these kids have endured.

Mentorship and court advocacy are the core of what CASA does. But the pe-

ripheral benefits are many and invaluable. It provides a safe space the kids can call their own, with toys, video games, books and quiet; the CASA house became an early refuge during my time with the boys. The organization partners with local events to provide free access so the kids can experience community. It facilitates mental health and educational advocacy. There's even a CASA store for Christmas so kids can experience the joy of picking out gifts for loved ones. CASA staff and volunteers are purveyors of dignity for these children. They are community healing in action.

There are more than 280 children in the Humboldt County foster system and it's CASA's mission to pair every kid in need with a volunteer advocate. If you have the time, consider stepping up to support the most vulnerable members of our community. One of the key indicators of resilience in foster youth is having just one adult step up and provide a positive and stable influence in their life. I swear, if I can do it, you can do it, too.

For more information, visit humboldt-casa.org.



Jessica Silva (she/her) is a civil servant and a freelance writer. She's a seeker of river and forest adventures, a mushroom hunter and a lover of literature. She loves getting creative in the kitchen and teaching kids cooking classes to Humboldt's next generation of foodies.



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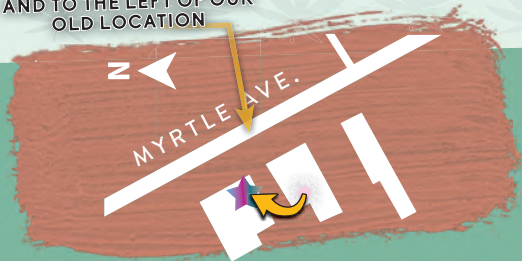
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21	22	23	24	25
28	29	30		
			STIIIZY & halara	Talking Trees Farm

4/15 - Ganjery 1-3pm | 4/16 - URSA 10am-1pm, Halara 3-6pm | 4/17 - Talking Trees 10am-1pm, URSA 1-3p, Papas 4-7p
 4/19 - Humboldt Farms 10am-1pm, MOCA 1-3pm, UpNorth 3-6pm | 4/20 - Stiiizy, Talking Trees, Halara 10am-1pm - U

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NCJ CALENDAR

Nightlife

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VENUE	THURS 4/18	FRI 4/19	SAT 4/20	SUN 4/21	M-T-W 4/22-4/24
ARCATA THEATRE LOUNGE 1036 G St. (707) 616-3030		Tropical Tingz 420 Edition (dancehall, reggae DJs) 9:30 p.m. \$5-\$10 sliding	OTT (psych dub) 9 p.m. \$25, \$22 advance	<i>Baraka</i> (1992) (film) 6 p.m. \$8, \$12 admission and poster, pre-show 5 p.m.	[W] Sci-Fi Night: <i>Neon Genesis Evangelion - The End of Evangelion</i> (1997) (film) 6 p.m. \$6, \$10 admission and poster
THE BASEMENT 780 Seventh St., Arcata (707) 845-2309	Anna Hamilton Trio (original blues) 8-11 p.m. Free	Canary and the Vamp (jazz) 9 p.m.-midnight \$5	Motown Saturday Night (DJs) 8:30 p.m.-midnight \$5		
BEAR RIVER CASINO RESORT 11 Bear Paws Wway, Loleta (707) 733-9644		Tish-Non Ballroom: Super Baile w/Fuerza Mayor (Latin) 9 p.m. \$25, Thirsty Bear: DJ Pressure (club nights) 9 p.m. Free	Thirsty Bear: DJ Deaf Eye (reggae) 9 p.m. Free	Thirsty Bear: Karaoke Sundays 9 p.m. Free	[W] Thirsty Bear: Bootz N Beers (country music/line dancing lessons) 7-9 p.m. Free
BEAR RIVER RECREATION CENTER 265 Keisner RD., Loleta (707) 733-1903			4/20 Comedy With Ryan Niemiller, Bobcat Goldwaith, Doug Benson (stand-up) 8 p.m. \$34		
BLUE LAKE CASINO WAVE LOUNGE 777 Casino Way, Blue Lake (707) 668-9770		Sappire Palace: The Orchestra (Formerly ELO) 8 p.m. \$50, Wave: KRTMS (special classic rock set) 8 p.m Free	Wave: Johnny Young accompanied by fiddler (country) 9 p.m. Free		
CENTRAL STATION SPORTS BAR 1631 Central Ave., McKinleyville (707) 839-2013		Karaoke 9 p.m.-1 a.m. Free			[M] Pool Tournament 6 p.m., [W] Karaoke 8 p.m.-midnight Free
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 27 Scenic Drive, Trinidad (707) 677-3611			Firewater Lounge: Under the Influence (classic rock, country) 9 p.m. Free		[T] Karaoke 8 p.m. Free
CRISP LOUNGE 2029 Broadway, Eureka, (707) 798-1934	Up in Joke! Comedy Open Mic 8-10 p.m. Free	Smoke N' Joke Comedy Night 7 p.m. \$5		Open Mic Night (15-minute time slot) 6:30 p.m. Free	[M] Pete's Projecting Again! (comedy/variety) 7-9 p.m. \$5, [T] Pool Tournament 6 p.m. \$10, [W] Kara-Smokey! 7 p.m. Free
EUREKA THEATER 612 F St. (707) 442-2970			<i>Cheech and Chong's Next Movie</i> (1980) (film) 4 p.m. \$10, \$5 ages 12 and under		
EUREKA VETERANS MEMORIAL HALL 1018 H St. (707) 443-5341					[T] Humboldt Comedy Open Mic 7-10 p.m. Free
FULKERSON RECITAL HALL (Cal Poly Humboldt)			Jazz Combos 8 p.m. \$10, \$5 senior/child, free for CPH students w/ID	Cal Poly Humboldt Guitar Ensemble 5 p.m. \$10, \$5 senior/child, free for CPH students w/ID	
HISTORIC EAGLE HOUSE 139 Second St., Eureka (707) 444-3344		Phatsy Kline's: Reel Genius Trivia 6-8 p.m. Free			[T] Baywater Blues Fusion Dance 7:15-9:15 p.m. \$5-\$15 sliding, free for kids 12 and under
HUMBOLDT BREWS 856 10th St., Arcata (707) 826-2739		Night Before Kushmas w/DJ Red, Goldylocks, Burnt Reynolds, Chill Will 9 p.m. \$5-\$10 sliding	420 Celebration w/Woven Roots, Seed N Soil (reggae) 9:30 p.m. \$10		[W] Devin the Dude (hip-hop, rap) 9 p.m. \$25
THE JAM 915 H St., Arcata (707) 822-4766	Hip Hop Thursdays 9 p.m. Free	Buddy Reed and th' Rip it Ups (blues) 6-8 p.m.			[M] Karaoke 9 p.m. Free, [W] Weds Night Ting (DJs)
LIL' RED LION COCKTAIL LOUNGE 1506 Fifth St., Eureka (707) 444-1344		Matthew Wallace (country-blues) 9 p.m. Free			
THE LOGGER BAR 510 Railroad Ave., Blue Lake	Kaptain Kirk 8 p.m.	DJ Deaf Eye 9 p.m.	Royal Propolis, Swingo Domingo TBA		[W] Karaoke 8 p.m.
LOUIE'S SPORTS BAR 1417 Glendale Dr., McKinleyville (707) 273-3808		Cosmic Spark: Bicycle Day Blast Off (PsyTrance) 8 p.m.-2 a.m. \$10			
THE MADRONE TAPHOUSE 421 Third St., Eureka (707) 273-5129					[W] Reel Genius Trivia. 6-8 p.m. Free
MATEEL COMMUNITY CENTER 59 Rusk Ln., Redway (707) 923-3368			4/20 Smoke Out w/Army, Soulmedic, the 7th Street Band (reggae) 4 p.m.-midnight \$25 free for kids 12 and under (must be accompanied by an adult)		
MINIPIX 401 I St., Arcata (707) 630-5000		Hermit Crab, B.Writes 9 p.m. \$10	4/20 Musical Variety Show Extravaganza 9 p.m. \$5	Karaoke 8:30 p.m. two-drink minimum	
THE MINOR THEATRE 1001 H St., Arcata (707) 822-FILM	Humboldt International Film Festival	Humboldt International Film Festival	Humboldt International Film Festival	Humboldt International Film Festival	
MOUNTAIN MIKE'S PIZZA - EUREKA 3144 Broadway St., Suites C-3 - C-5 (707) 268-1100	Reel Genius Trivia 6-8 p.m. Free				

VENUE	THURS 4/18	FRI 4/19	SAT 4/20	SUN 4/21	M-T-W 4/22-4/24
MOUNTAIN MIKE'S PIZZA - FORTUNA 1095 S Fortuna Blvd., Suite 48, (707) 777-7550					[T] Reel Genius Trivia 6-8 p.m. Free
MOUNTAIN MIKE'S PIZZA - MCKINLEYVILLE 1500 Anna Sparks Way, (707) 203-8500					[W] Reel Genius Trivia. 6-8 p.m. Free
OLD GROWTH CELLARS 1945 Hilfiker Ln., Eureka (707) 407-0479	Back Seat Drivers (blues) 6-9 p.m. Free				
PAPA WHEELIES PUB 1584 Reasor Rd., McKinleyville, (707) 630-5084			Live Music - TBA 6-9 p.m.		
THE PUB AT THE CREAMERY 824 L St., Suite A, Arcata (707) 630-5178					[W] Reel Genius Trivia. 6:30-8:30 p.m. Free
REDWOOD CURTAIN BREWERY 550 South G St., Arcata (707) 826-7222			Anna Hamilton Trio (original blues) 6-9 p.m. free		[W] Pints for Non-Profits: Jacoby Creek Elementary School 11 a.m.-10 p.m.
REDWOOD CURTAIN BREWERY MYRTLE AVE. TASTING ROOM, 1595 Myrtle Ave., Eureka, (707) 269-7143					[T] Bingo Night 6-9 p.m. Free
ROCKSLIDE BAR & GRILL 5371 State Route 299, Hawkins Bar	Jimi Jeff Jam Nite (Hendrix, Prince, funk, blues) 7:30 p.m. Free				
SAVAGE HENRY COMEDY CLUB 415 Fifth St., Eureka (707) 845-8864	Drink & Draw 6 p.m. Free, Sam Tallent (stand-up) 6:30 p.m. and 9-11 p.m. \$20	Chad Opitz (stand-up) 9-11 p.m. \$15	Chad Opitz (stand-up) 9-11 p.m. \$15	Comedy Church 1-3 p.m. Free; Stand-up Comedy Workshop 7-8 p.m. Free; Comedy Open Mic 9 p.m. Free	[M] Metal Monday 9-11 p.m. \$5, [T] Legally Savage (stand-up) 9 p.m. \$5 [W] This is Comedy Humboldt 9-11 p.m. Free
SIREN'S SONG TAVERN 325 Second St., Eureka (707) 442-8778					[T] Siren's Sessions (open jam, open format, all ages, all skill levels) 8 p.m. Free
SIX RIVERS BREWERY, TASTING ROOM & RESTAURANT 1300 Central Ave., McKinleyville (707) 839-7580	Trivia 6-8 p.m. Free	Papa Haole (originals, covers) 6-8 p.m. Free	Tidepool High Divers 5-7 p.m. Free		
SPEAKEASY 411 Opera Alley, Eureka (707) 444-2244		Friday Night Jazz 8-10 p.m. Free	Jenni and David and the Sweet Soul Band (soul, funk) 7-10 p.m. Free		[T] Tuesday Night Jazz 7-10 p.m. Free
SUSHI SPOT ARCATA 670 Ninth St., (707) 822-1221					[T] Ponies of Harmony 6 p.m.
TRINIDAD TOWN HALL 409 Trinity St.		Jenni and David and the Sweet Soul Band (soul, funk) 7:30 p.m. \$5-\$20 sliding scale, \$10+ suggested donation			
WILLOW CREEK VFW HALL 20 Kimtu Rd., (530) 629-3446			Dream Quest Dinner/Concert Fundraiser w/College of the Redwoods' Jazz Band 5-8 p.m. \$25, \$15 for 12 and under		

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15th Anniversary

The Royal Scam

By Collin Yeo

music@northcoastjournal.com

On this year's 4/20, let's all take a moment to celebrate the true message of legalizing marijuana in the American way: Commodifying the struggle for freedom against oppression so that a small handful of rich assholes can get even wealthier without the unpleasantness of restorative justice for the millions of lives destroyed by the long cruelty of prohibition. You can track this trend the same way you can track the lineage from Woodstock to Coachella: Follow the money, because in this country, it's always ever just about money. I don't really smoke weed (or go to large music festivals, for that matter), but I can appreciate a good scam when I see one. I can imagine a day when the remaining illusions have evaporated, as there are no more counterculture elements left to strip-mine, and we are all simply paying a premium for brief endorphin breaks from the pain and crushing stupidity of a totalitarian commercial culture of pure transaction and grift. Or, you know, the whole thing might collapse from the accumulative weight of its own contradictions — who can say? For my part, I'll temper this brooding vision with a nice menu of fairly awesome shows in this latter week of April. Have at it.

Thursday

Local guitar playing and soothsaying storyteller **Anna Hamilton** brings her trio and its blues to the Basement tonight for a free recitation at 8 p.m. I remember her tunes and chatter fondly from the good old days at the Clam Beach Inn (RIP), where she'd take over a corner and fill the barroom with her earthy magic that expanded as the beer taps flowed like the wavy drizzle in the backyard Strawberry Creek forest basin. Here's a glass tipped to those memories and a sip in honor of those to come.

Friday

I like it when a new group I haven't heard before drops a line to let me know about an upcoming gig because I am given the chance to see what the music

makers (and the dreamers of dreams, per Willy Wonka quoting the poet Arthur O'Shaugnessy) are up to. But things really line up and start sparking and twitching for me with the holy amperage of life when I actually love the music they send. I got treated to just that sort of galvanic shock this week when Liz, aka Trash Panda, from the new Eureka duo **Hermit Crab** sent me the goods: a link to their latest work, *The Earth is Visible from Space*. Dear lord of the deadly glowing seas, what a beautiful, stuttering mess of sputtering beats, all chopping through a tideline of battered shoreline debris and foamy toxic unguents. Samples, beats, sax, voices, all funk-scuttling over an ambient mapped fallout zone of music, land-mining Mother Nature with barbs of exploded pop culture and crooning about the mess. This trash is a blast and I love it. I beg you to see, hear and fear for yourself what I mean, which you can do at the Miniplex at 9 p.m. for \$10. **B. Writes** provides R&B support and album cover artist **Julia Finkelstein** will be making live paintings. Put your ear to page and hear the *thwack*, because I just stamped this one with my "gig of the week" notary mallet.

Saturday

I'm too far removed from cannabis culture to comment on the current street value of 4/20 as a holiday, but I have to imagine it's been a cycle of diminished returns regarding coolness in the wake of legalization, market busts and gross spurts of venture capital. Like music festivals and world travel, the online cult of the self has turned everything spontaneous and exciting into a teeming social media world of curated projections lacking anything resembling human reflection. All populated by a hierarchy of influencers whose language is a megaton chorus of babble. I try not to think about it too much. However, I do need to think about a fun gig for today, and rather than make a list of the many hyped-up musical smoke-outs, I'm going to suggest the **OTT** show at the Arcata Theatre Lounge at 9 p.m. (\$25, \$22 advance). This British electro artist has



Hermit Crab plays the Miniplex at 9 p.m. on Friday, April 19.

Photo by Julia Finkelstein

been pumping out his ambient dub and club tracks for more than 20 years while holding it down as a respected engineer and producer in the professional level of the industry. This show looks like a good time without any prior obligations.

Sunday

Fans of ensemble vocal jazz and pop are in for a treat this afternoon when the **Mad River Transit Singers** present a matinee performance at Fulkerson Hall at 2 p.m. (\$10, \$5 children and seniors, free to Cal Poly Humboldt students). The program will include an array of swing and jazz standards, as well as some pop gems by the likes of Willie Nelson and local hero Sara Bareilles.

Monday

The calendar marks the onward tapping of time, and once again the first days of the working week is capped off with a 7 p.m. installment of Metal Mondays at Savage Henry Comedy Club. Tonight's fare includes two Midwestern touring bands, Cincinnati's power-violence crew **Slut Bomb** and noise violence mercenaries **Blackwater Snipers** from Chicago. Local heavy hitters **Malicious Algorithm** and **Brain Dead Rejects** will bring it on as well (\$5-\$10 sliding scale).

Tuesday

CPH begins its 11th annual Hip Hop Conference today with a 5:30 p.m. keynote speech from OG guru and Public Enemy mastermind **Chuck D** at the Van Duzer Theatre. This is a free event, but check the university's website for registration and seating details, as space is often a factor for an event such as this.

Wednesday

Speaking of hip hop (and for that matter, an organic, career-length artistic celebration of the fun side of weed) Houston's screwball master MC, guest star and laid back producer **Devin the Dude** is posting up at Humbrews tonight at 9 p.m. on a stop on his Whole New Ballroom tour. He might be a few days late for 4/20, but I have no doubt the vibe won't be affected in the slightest, and, although it's easy to over-simplify his act as a rolling carnival of *High Times*, the Dude has got effortless flow rolling over a production style that is deceptively brilliant in its underlying smokescreen groove. He's a peer-respected icon at the top of a game he helped develop over decades (\$25). ●

Collin Yeo (he/him) only has nostalgia for the world that could have been. And Super Metroid, from soundtrack to story — that game was a masterpiece. He lives in Arcata.

Calendar

April 18 – 25, 2024



Adobe Stock

Earth Day and 4/20 events abound this week — check the *Journal's* calendar for all the listings, as there are far too many to fit here — but here are two to check out. On **Saturday, April 20**, head to the **Mateel Community Center** for the annual **4/20 Smoke Out** from **4 p.m. to midnight** (\$25, with free admission for kids 12 and under accompanied by an adult). This community gathering features a barbecue, outdoor lounges and games, contests, a 21-and-over Craft Farmer Cannabis Showcase and live music from Army and Soulmedic backed by the 7th Street Band. On **Sunday, April 21**, celebrate Earth Day in Rio Dell at **Humboldt's Earth Day in the Park** from **10 a.m. to 5 p.m.** at the **Rio Dell Fire Hall** (free entry). Enjoy a day filled with music, art, food trucks, Earth Day talks and demos and local brews.



Photo by Sue Leskiw

Spring is in full bloom on the North Coast and it's time to “tern” to nature for inspiration! The **Godwit Days Spring Migration Bird Festival**, held from **April 18-21** at the **Arcata Community Center**, offers more than 70 expert-led field trips and workshops, lectures, a banquet and a silent auction among its activities. On **Saturday, April 20**, enjoy a **banquet** at **5 p.m.** and keynote presentation by **Alvaro Jaramillo** at **7 p.m.** On **Sunday, April 21**, take part in the free **Family Nature Crafts “Mega-Palooza”** from **10:30 a.m. to 1 p.m.**, when children of all ages can enjoy making animal masks, bird postcards, bird nest crowns, seed packets, marsh critter ornaments, mini-birdhouses and more. Visit godwitdays.org for more information about the event.



Chuck D. Photo by Travis Shinn

The 11th annual **Cal Poly Humboldt Hip Hop Conference: Power to the People** will take place from **April 23-25**, at **Cal Poly Humboldt**, featuring a keynote address from **Chuck D**, leader and co-founder of Public Enemy and part of the supergroup Prophets of Rage, on **Tuesday, April 23**, from **5 to 7 p.m.** in the **Van Duzer Theatre** (free). The event, organized by the Department of Critical Race, Gender and Sexuality Studies, will include presentations, performances, food and celebrations of hip-hop culture. All events are free. More information can be found at crgs.humboldt.edu/events/11th-annual-hip-hop-conference.

18 Thursday

ART

Figure Drawing at Synopsis. 7-9 p.m. Synopsis Collective, 1675 Union St., Eureka. With a live model. Bring your own art supplies. Call to contact Clint. \$5. synopsisperformance.com. (707) 362-9392.

MOVIES

Humboldt International Film Festival. Minor Theatre, 1001 H St., Arcata. The 57th annual event with four days of screenings of more than 40 international short films, including locally produced selections. A panel discussion with three visiting judges, a workshop, after-parties and more. \$12, free for CPH students w/ID. hsufilmfestival.com.

EVENTS

Campus Pride Month Celebration. 11 a.m.-2 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. Flag raising ceremony in front of the Administration Building at 11 a.m. Keynote speaker in the Pride and Dreamer Center at 11:30 a.m. followed by potluck and craft activity from noon to 2 p.m.

Godwit Days Spring Migration Bird Festival. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. The annual four-day festival features more than 70 field trips, lectures and workshops led by experts, plus a banquet and silent auction. Informational booths, artists, optics and more in the main hall, plus family and youth events. godwitdays.org.

Multilingual Job Fair. 3-5 p.m. Wharfinger Building, 1 Marina Way, Eureka. Employers looking to hire multilingual job seekers will be at this event. Free. jonathan-maiullo@redwoods.edu. (707) 476-4527.

FOOD

Grab-n-Go Box Meal Fundraiser. 11 a.m.-1 p.m. & 4-6 p.m.

Leavey Hall, 1730 Janes Road, Arcata. Choose from three options: pulled pork sandwich box, chicken salad wrap box or kale salad with brown rice meal. All meals include sides and dessert. Place orders by April 15. Pick-up is Thursday, April 18. \$18. siarcata@soroptimist.net. (707) 822-8454.

OUTDOORS

Nature Quest. 2-5 p.m. Eureka Municipal Auditorium, 1120 F St. Wilderness immersion program for teens and adults. Explore trails and share mindfulness practices, group conversation and other eco-therapeutic activities. Adults meet Thursdays, teens meet one Saturday a month. Transportation provided for Eureka residents. Please pre-register. Free. swood2@eurekaca.gov. eurekaheroes.org. (707) 382-5338.

19 Friday

ART

Life Drawing Sessions. 10 a.m.-noon. Redwood Art Association Gallery, 603 F St., Eureka. Hosted by Joyce Jonté. \$10, cash or Venmo.

BOOKS

Spring Book Sale. 10 a.m.-3:30 p.m. Friends of the Redwood Libraries, 1313 Third St., Eureka. Friday is members only, with memberships available at the door. Saturday is open to everyone. Thousands of books, especially history and cookbooks, as well as CDs and DVDs. friends@eurekafri.org. (707) 269-1995.

Weekly Preschool Story Time. Eureka Library, 1313 Third St. Talk, sing, read, write and play together in the children's room. For children 2 to 6 years old with their caregivers. Other family members are welcome to join in the fun. Free. manthony@co.humboldt.ca.us. humlib.org. (707) 269-1910.

DANCE

Let's Groove! w/Jenni and David and the Sweet Soul band. 7:30-9:30 p.m. Trinidad Town Hall, 409 Trinity St.

Hear all your favorite funk, soul, blues, R&B and rock. Snacks and drinks available. Presented by Westhaven Center for the Arts. \$5-\$20 sliding scale, \$10+ suggested donation. westhavenarts@gmail.com. (707) 834-2479.

MOVIES

Humboldt International Film Festival. Minor Theatre, 1001 H St., Arcata. See April 18 listing.

MUSIC

Community Song Circles. Third Friday of every month, 4 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Learn songs from a variety of traditions by call-and-response, and sing for the joy. Led by Maggie McKnight. Free. connect@huuf.org. huuf.org/worship/music-and-choir/. (707) 822-3793.

THEATER

Anatomica. 8-9:30 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. A comedy about living with chronic pain, as well as the pros and cons of the different skeletal systems found in nature. Part stand-up, part storytelling and part clown. \$20 in advance. info@dellarte.com. dellarte.com/online-season/2022-2023-seasons/. (707) 668-5663.

Twelfth Night. 8 p.m. 5th and D Street Theater, 300 Fifth St., Eureka. NCRT presents Shakespearean comedy about Viola, who disguises herself as a man and navigates a whirlwind of romance. \$20, \$18 students/seniors. ncrtboxoffice@gmail.com. ncrt.net.

EVENTS

Godwit Days Spring Migration Bird Festival. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 18 listing.

Native Veterans Benefits: Free Presentation and Dinner. 4-6 p.m. Eureka Veterans Memorial Hall, 1018 H St. Free spaghetti dinner and resources for all AI/AN veterans, service members and their families. Free. eprovo001@berkeley.edu. eurekavetshall.info. (707) 740-9989.

FOR KIDS

Kid's Night at the Museum. 5:30-8 p.m. Redwood Discovery Museum, 612 G St., Eureka. Drop off your 3.5-12 year old for interactive exhibits, science experiments, crafts and games, exploring the planetarium, playing in the water table or jumping into the soft blocks. \$17-\$20. info@discovery-museum.org. discovery-museum.org/classesprograms.html. (707) 443-9694.

Weekly Preschool Storytime. Eureka Library, 1313 Third St. Talk, sing, read, write and play together in the children's room. For children 2 to 6 years old with their caregivers and other family members. Free. manthony@co.humboldt.ca.us. humboldt.gov/Calendar.aspx?EID=8274. (707) 269-1910.

GARDEN

College of the Redwoods Plant Sale. 10 a.m.-6 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. A wide selection of plants grown by CR agriculture program students and staff available for sale. Free admission. shivelycsa@redwoods.edu. facebook.com/events/3600882706793426/3600882716793425/?active_tab=about. (707) 476-4361.

OUTDOORS

Shelter Cove Adopt A Beach Cleanup. 3-6 p.m. Mal Coombs Park, King Range National Conservation Area, Shelter Cove. Work gloves, trash grabbers and buckets provided. Wear sturdy footwear, dress in layers and bring water. A limited number of \$10/hr stipends are available to youth, ages 10-17. Email to RSVP or register for a youth stipend. Free. taylor@lostcoast.org. lostcoast.org/event/shelter-cove-adopt-a-beach-cleanup-2/.

ETC

Public Skate. 6:30-9:30 p.m. Fortuna Skating Rink, Rohner Park. In the Fireman's Pavilion. \$5.50 (includes skate rental), \$3.50 ages 5 and under, \$2 non skaters, free for adults with skating child.

20 Saturday

ART

Echando Raíz en Humboldt. 1-4 p.m. Cal Poly Humboldt, 1 Harpst St., Arcata. A digital storytelling of Latinx and Indigenous communities in Northern California with video screenings, photographic exhibitions, performances of Ballet Folklórico, music by DJ ASIS, food and more. At Wiyot Plaza and Native Forum. Free. cdphumboldt@gmail.com. fb.me/e/1UjzlkPnW. (707) 683-5293.

Folk Art Ring Dish Workshop/Taller de Plato de Anillos. 3:30-5 p.m. Fortuna Library, 753 14th St. *Hacer y diseñar un plato de anillos de artesanía popular para que se lleven a casa. Traigan a un amigo o familiar. Diseñado para adultos y jóvenes de 8 años en adelante.* Make and design a folk art ring dish to take home. Bring a friend or family member. Best suited for adults and youth 8 years and older. Free/Gratis. forhuml@co.humboldt.ca.us. (707) 725-3460.

BOOKS

Spring Book Sale. 10 a.m.-3:30 p.m. Friends of the Redwood Libraries, 1313 Third St., Eureka. See April 19 listing.

MOVIES

Humboldt International Film Festival. Minor Theatre, 1001 H St., Arcata. See April 18 listing.

Cheech and Chong's Next Movie. 4-6:30 p.m. Eureka Theater, 612 F St. The dynamic duo blaze through the streets of Los Angeles in pursuit of fun, freedom and the perfect high. \$10, \$5 ages 12 and under. info@theeurekatheater.com. eventbrite.com/e/420-cheech-and-chongs

Continued on next page »

-next-movie-tickets-879247662427?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=ebdsshcopyurl. (707) 442-2970.

MUSIC

Hope in Harmony. 2-4 p.m. Eureka Woman's Club, 1531 J St. The Partnership in Music Orchestra perform a world premier of the new work "To Live" by conductor Garrick Woods. Free. s.h.bicknell@gmail.com. eureka womansclub.org. (707) 599-4692.

Jazz Combos. 8 p.m. Fulkerson Recital Hall, Cal Poly Humboldt, Arcata. The Cal Poly Humboldt Department of Dance, Music, and Theatre presents the jazz combos 2 lil, 2 swaqq; Rhythmically Male, Melodically Female; and 2:00 AM Winco Trip. \$10, \$5 senior/child, free for CPH students w/ID.

OTT. 9 p.m.-1 a.m. Arcata Theatre Lounge, 1036 G St. British record producer and musician who has worked with Sinéad O'Connor, Embrace, the Orb and Brian Eno, and has achieved recognition since 2002 for his own psychedelic dub tracks and his collaborations with Simon Posford. \$25, \$22 advance. info@arcatatheatre.com. arcatatheatre.com. (707) 613-3030.

THEATER

Twelfth Night. 8 p.m. 5th and D Street Theater, 300 Fifth St., Eureka. See April 19 listing.

EVENTS

4/20 Bingo Benefit for Dell'Arte. 6-9 p.m. Mad River Grange, 110 Hatchery Road, Blue Lake. Pay tribute to Mary Jane and have the chance to win gift certificates (Finnish Country Sauna and Tubs, Low and Slow BBQ), *Mary Jane* merch and more. Doors at 5 p.m. Munchies and drinks for sale. Dress in green to honor the Emerald Queen. \$10.

4/20 Party. 10 a.m.-9 p.m. Herb & Market Humboldt, 427 H St., Arcata. Music by DJ Goldyllocks, food by Seoul Sizzle and Frybread Love. Pie Eating contest at 5 p.m. (winner receives a basket valued at \$420). Herb and Market surprises, giveaways and treats all day. Free. Herbandmarket@gmail.com. fb.me/e/IRG4zJO9j. (707) 630-4221.

4/20 Smokeoff and BBQ Contest. 10 a.m.-6 p.m. Northcoast Horticulture Supply - Fortuna Feed, 126 Dinsmore Drive. Local craft vendors, music, samples, drinks by Over the Ridge bar.

Annual 4/20 Smoke Out. 4 p.m.-midnight. Mateel Community Center, 59 Rusk Lane, Redway. Community gathering barbecue, outdoor lounges and games, contests, 21-and-over Craft Farmer Cannabis Showcase, music by Army and Soulmedic backed by the 7th Street Band and more. \$25, free for kids 12 and under (must be accompanied by an adult). mateel.org/mateel-community-presents-the-annual-420-smoke-out-saturday-april-20th-2024/.

Dessert Dash for Polio. 6-7:30 p.m. Gene Lucas Community Center, 3300 Newburg Ave., Fortuna. Drinks and dessert, polio survivor life stories. Presented by Fortuna Sunrise Rotary to raise awareness and funds to eradicate polio worldwide. Free admission. glccenter.org.

Dream Quest Dinner/Concert Fundraiser. 5-8 p.m. Willow Creek VFW Hall, 20 Kimtu Road. Multigenerational event featuring College of the Redwoods' Jazz Band under the direction of Brian Newkirk. Dinner from 5 to 7 p.m. Music from 6 to 8 p.m. Swing dance lessons from 5 to 6 p.m. This is a multi-generational event. \$25, \$15 for 12 and under.

Earth Day Extravaganza. 11 a.m.-3 p.m. Eureka Natural Foods, 1450 Broadway. Enjoy free tastings from vendors, raffle prizes, live music, in-store deals and more. Booths include Pac Out Green Team, Fieldbrook Winery, Foggy Bottoms Boys, Dick Taylor Chocolate and others. www.eurekanaturalfoods.com. (707) 442-6325.

Earth Day Extravaganza - McK Store. 11 a.m.-3 p.m. Eureka

Natural Foods, McKinleyville, 2165 Central Ave. Enjoy free tastings from vendors, raffle prizes, live music, in-store deals and more. Booths include Pac Out Green Team, Fieldbrook Winery, Foggy Bottoms Boys, Dick Taylor Chocolate and others.

Eureka Home and Garden Show. 10 a.m.-6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Four display gardens compete for Best in Show, pro talks and music on the Garden Stage, costumed performers, food vendors, beer, wine and coffee, along with home and garden professionals to help you on your project. \$5. Ben@WaterfallGuy.com. EurekaHomeandGardenShow.com. (510) 410-0445.

Godwit Days Spring Migration Bird Festival. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 18 listing.

Moonstone Quilters Guild Fundraiser. 10 a.m.-2 p.m. Catholic Church of Christ the King, 1951 McKinleyville Ave., McKinleyville. Browse fabric, quilts, notions, books and patterns. Vegetable starts, flowers, bulbs, seeds, yard art and flower pots. Proceeds support the guild's community quilt program that provided quilts to the dialysis center in McKinleyville, PACT and veterans in Hospice care.

Victorian Oddities Market. 11 a.m.-6 p.m. The Old Steeple, 246 Berding St., Ferndale. Vendors selling bones, bugs, taxidermy, art, decor, jewelry and more, a cast of curious creatures, music, entertainment and libations. Timed ticketed entry required. Tickets online. Free for kids under 5. eventbrite.com/e/ferndale-victorian-oddities-market-tickets-795389380047.

FOR KIDS

Northcoast Music Together Family Literacy Party Tour. 10:30 a.m.-12:30 p.m. Fortuna Library, 753 14th St. Children and parents can enjoy singing, keeping a beat and participating with confidence in music. Each attendee gets a free book. Free. literacyhelpers@gmail.com. humlib.org. (707) 445-3655. 11:30 a.m.-12:30 p.m. Rio Dell Library, 715 Wildwood Ave. Children and parents can enjoy singing, keeping a beat and participating with confidence in music. Each attendee gets a free book. Free. literacyhelpers@gmail.com. humlib.org. (707) 445-3655.

Tiempo de Cuentos/Spanish Storytime. 10:30 a.m. Fortuna Library, 753 14th St. *Cultiven la alfabetización temprana en sus niños con cuentos, canciones, rimas y diversión. Todos son bienvenidos, diseñado para edades 2-6 años. Aproximadamente 20-30 minutos.* Grow early literacy skills with stories, songs, rhymes and fun. All are welcome. Best suited for children 2-6 years old. Free/gratis.

FOOD

Farm Stand. 10 a.m.-2 p.m. Table Bluff Farm, 101 Clough Road, Loleta. Regeneratively grown seasonal veggies, flowers, meats and other items made by Humboldt County locals and small businesses. Cash, card, Venmo, Apple Pay and soon to accept EBT payments. info@tableblufffarm.com. TableBluffFarm.com. (707) 890-6699.

Sea Goat Farmstand. 9 a.m.-1 p.m. Abbey of the Redwoods, 1450 Hiller Road, McKinleyville. Fresh veggies grown on site, local eggs and sourdough bread. Work from local artists and artisans. flowerstone333@gmail.com. (530) 205-5882.

GARDEN

College of the Redwoods Plant Sale. 10 a.m.-4 p.m. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. See April 19 listing.

Sequoia Park Ivy League. 9 a.m.-1 p.m. Sequoia Park, 3414 W St., Eureka. Drop in anytime. Meet at the Glatt St. fountain at Glatt and T streets. Training and supplies provided. Kid-friendly, but kids must be accompanied and managed by their guardian/s. Free. hatwood@eurekaca.gov. eurekaca.gov/Calendar.aspx?EID=1579&month=4&year=2024&day=20&calType=0. (707) 441-4218.

MEETINGS

Toastmasters International. Third Saturday of every month, 7-8 a.m. Virtual World, Online. Members meet to deliver and evaluate prepared and impromptu speeches to improve as speakers and leaders. Meetings stream at https://tinyurl.com/zoomwithmidday and https://us02web.zoom.us/j/9239283290. distinguished@rock-etmail.com. 4139.toastmastersclubs.org. (855) 402-8255.

OUTDOORS

Arcata Marsh Birding Trip. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and meet trip leader Dan Greaney at the end of South I Street (Klopp Lake) for easy-to-walk trails. Resident birds may be singing, nesting and showing signs of breeding activity. Free. rras.org.

Earth Day Habitat Restoration Event. 9 a.m.-noon. Trinidad State Beach, Trinidad State Beach. Help remove invasive species such as English ivy. All ages welcome, RSVP not required. Gloves and tools provided. All participants will receive a free day pass to Sue-meg State Park. Meet at the main parking lot behind Trinidad Elementary School. Free. michelle.forys@parks.ca.gov. (707) 677-3109.

Forest Restoration at Rohner Park. Third Saturday of every month, 9-11 a.m. Fortuna Firemen's Pavilion, 9 Park St. Remove invasive English ivy and French broom. Tools and gloves available but you are encouraged to bring your own. High winds or heavy rain cancels. Light snack provided. Free. unde1942@gmail.com. (707) 601-6753.

ETC

Public Skate. 6:30-9:30 p.m. Fortuna Skating Rink, Rohner Park. See April 19 listing.

Thursday-Friday-Saturday Canteen. 3-9 p.m. Redwood Empire VFW Post 1872, 1018 H St., Eureka. Enjoy a cold beverage in the canteen with comrades. Play pool or darts. If you're a veteran, this place is for you. Free. PearceHansen999@outlook.com. (707) 443-5331.

21 Sunday

ART

Compost Under the Canopy. 9 a.m.-6 p.m. Sequoia Park, 3414 W St., Eureka. Maker's Apron Creative Reuse and local sponsors present artists' temporary mural installation of compostable plant materials along the trail. Art starts at 9 a.m., finishes at noon and by sundown will be gone.

DANCE

Afro - Fusion Feel and Flow. 11 a.m.-12:30 p.m. The Sanctuary, 1301 J St., Arcata. Explore and enjoy a fusion of West African movements from Guinea, Senegal, Liberia, Congo and Mali with the genre of Afro beats and traditional West African drumming. \$10-\$15. together@sanctuaryarcata.org. sanctuaryarcata.org. (707) 822-0898.

MOVIES

Humboldt International Film Festival. Minor Theatre, 1001 H St., Arcata. See April 18 listing.

Baraka (1992). 5-7:45 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 5 p.m. Movie at 6 p.m. Not rated. All ages. Without words, cameras show us the world through a collection of expertly photographed scenes of human life and religion. \$8, \$12 admission and poster. info@arcatatheatre.com. facebook.com/events/437314195361364. (707) 613-3030.

MUSIC

All Level Samba Drumming. 12:30-2:30 p.m. HLOC's Space, 92 Sunny Brae Center, Arcata. Drums provided, no experience necessary, beginners welcome, or hone your skills.

\$10-\$20 sliding scale. samba.arcata@gmail.com. facebook.com/groups/148184078578411.

Cal Poly Humboldt Guitar Ensemble. 5 p.m. Fulkerson Recital Hall, Cal Poly Humboldt, Arcata. The Cal Poly Humboldt Department of Dance, Music, and Theatre presents an evening of intimate guitar duos and trios performing jazz, rock, classical and bluegrass music. \$10, \$5 senior/child, free for CPH students w/ID.

Mad River Transit Singers. 2 p.m. Fulkerson Recital Hall, Cal Poly Humboldt, Arcata. The CPH Department of Dance, Music and Theatre presents Mad River Transit Singers performing an upbeat program featuring musical styles from jazz standards to more modern tunes. \$10, \$5 senior/child, free for CPH students w/ID.

Wine and Jazz. Third Sunday of every month, 3-5 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Monthly performance series highlighting Humboldt County performers. Regular admission. humboldtarts.org.

THEATER

Twelfth Night. 2 p.m. 5th and D Street Theater, 300 Fifth St., Eureka. See April 19 listing.

EVENTS

Earth Day Celebration. 1-7 p.m. Pierson Park, 1608 Pickett Road, McKinleyville. Family-friendly event to celebrate Earth Day with food, music, bouncy house, face painting, jugglers, activist trainings, skill shares and more. Free. decolonizingeconomicssummit@gmail.com. decolonizingeconomicssummit.org/. (707) 826-3139.

Eureka Home and Garden Show. 10 a.m.-6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See April 20 listing.

Godwit Days Spring Migration Bird Festival. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 18 listing.

Humboldt's Earth Day In The Park. 10 a.m.-5 p.m. Rio Dell Fire Hall, 50 West Center St. A day of music, art, food trucks, Earth Day talks and demos, local brews and more.

Old Town Vintage Market. Third Sunday of every month, 10 a.m.-4 p.m. G Street Between 2nd & 3rd in Old Town Eureka, 211 G Street. A day of local vintage clothing, art and craft vendors, food, music by DJ Goldyllocks and more. hello@theredwoodretro.com. instagram.com/p/C4SHqQauD0X/?img_index=1. (707) 601-9667.

FOR KIDS

Free Drop-in Family Nature Crafts. 10:30 a.m.-1 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. As part of the Godwit Days festival, Friends of the Arcata Marsh, Cal Poly Humboldt Natural History Museum, California State Parks and Bureau of Land Management volunteers will be hosting at least seven tables of nature craft activities. Stop by to make animal masks, bird postcards, bird nest crowns, seed packets, marsh critter ornaments, mini-birdhouses and more. No pre-registration is required, but children must be accompanied by a responsible adult throughout. Free. www.godwitdays.org.

Mini Masters Program. Third Sunday of every month, noon. Morris Graves Museum of Art, 636 F St., Eureka. Families are invited to participate together in this monthly art-making workshop that complements the month's Storytime book. These workshops are designed to inspire literacy, creativity, and community. Projects are geared toward children ages 2-5 years, but children of all ages are welcome. This month's book is Wong Herbert Yee's book *Who Likes Rain?* humboldtarts.org.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

Mattole Grange Pancake Breakfast. 8-11 a.m. Mattole Grange Hall, 36512 Mattole Road, Petrolia. All the pancakes you can eat, eggs cooked any way you like, bacon or sausage, coffee, milk and organic orange juice. \$10, free for kids 6 and under. mattolegrangehall@gmail.com. mattolegrange.org/events/. (707) 629-3421.

OUTDOORS

Art and Nature at the Refuge. Third Sunday of every month, 1-4 p.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Art and nature exploration activities for all ages and abilities with monthly themes. Drop in between 1 and 4 p.m. Rain or shine. Free. denise_seeger@fws.gov. fws.gov/refuge/humboldt-bay/. (707) 733-5406.

Community Clean-up Day. 10 a.m.-2 p.m. Humboldt Grange #501, 5845 Humboldt Hill Road, Eureka. Drop in or stay for the day. Help with cleaning and organizing projects on the inside of the grange and grounds work on the outside, and work in the garden. Bring a sack lunch. Light snacks and beverages provided.

Dune Restoration Volunteer Days. Third Sunday of every month, 10 a.m.-1 p.m. Ma-le'l Dunes North, Young Lane, Arcata. Help restore the biodiversity of the coastal dunes with the Dune Ecosystem Restoration Team. No experience necessary. Snacks and tools provided. Meet at the Ma-le'l Dunes North parking lot a few minutes before 10 a.m. dante@friendsofthedunes.org. friendsofthedunes.org/dert-days/. (707) 444-1397.

Earth Day Stewardship Celebration in Shelter Cove. 10 a.m.-2 p.m. Mal Coombs Park, King Range National Conservation Area, Shelter Cove. Join Friends of the Lost Coast and BLM King Range for service projects at Mal Coombs Park, Abalone Point and other Shelter Cove locations. The day concludes with free lunch for volunteers at 1:15 p.m. A limited number of \$10/hr youth stipends are available to ages 10-17. Email to RSVP or register for a youth stipend. Free. info@lostcoast.org. lostcoast.org/event/earth-day-coastal-cleanup-celebration-2/.

Eureka Waterfront Guided Birding Trip. Third Sunday of every month, 9-11 a.m. Eureka Waterfront, Foot of Del Norte Street. With leader Ralph Bucher. This relatively urban trail offers the potential to observe species abundance and diversity compared to many more remote locations. Email to sign up. Free. thebook@reninet.com. rras.org.

McKinleyville Botanical Garden Workday. 2-4 p.m. Hiller Park, 795 Hiller Road, McKinleyville. Help restore a small community-driven botanical garden, featuring pollinator and bird friendly plants. No experience necessary. Projects include new plantings, weeding, spreading mulch. Bring a bucket and weed tool if you can. Go west on Hiller Road to the Hammond Trail/Soccer/Dog Park parking lot. Garden is adjacent to children's playground.

ETC

Public Skate. 1:30-4:30 p.m. Fortuna Skating Rink, Rohner Park. See April 19 listing.

22 Monday

ART

Life Drawing Sessions. 6-8 p.m. Redwood Art Association Gallery, 603 F St., Eureka. See April 19 listing.

MEETINGS

Humboldt Bay Bicycle Commuters Association. 6-8 p.m. Pachanga Mexicana, 1802 Fifth St., Eureka. The agenda will be set by participants. Includes discussion of Bike Month Humboldt events. www.pachangamexicana.com. (707) 499-5918.

OUTDOORS

Earth Day Birding Field Trip. 5:30-7 p.m. Blue Lake, Off

State Route 299, Exit 5. Celebrate Earth Day with evening birding and botanizing. Join trip leader Janelle Chojnacki in front of the Mad River Brewery and walk across the Mad River bridge, along the levee, or through the cottonwoods, whichever looks birdiest. Free. rras.org.

ETC

Boardgame Night. 6-10:30 p.m. The Sanctuary, 1301 J St., Arcata. Quick 30-minute or long strategic games in a supportive and stress-free space. Feel free to bring your favorites as well. All ages. \$2-\$12. together@sanctuaryarcata.org. sanctuaryarcata.org. (707) 822-0898.

Homesharing Info Session. 9:30-10 a.m. and 1-1:30 p.m. This informational Zoom session will go over the steps and safeguards of Area 1 Agency on Aging's matching process and the different types of homeshare partnerships. Email for the link. Free. homeshare@alaa.org. alaa.org/homesharing/. (707) 442-3763.

Pathway to Payday. 9 a.m.-noon. Betty Kwan Chinn Day Center, Corner of Seventh and C streets, Eureka. Four-day employment workshop series focuses on enhancement of application, resume and interview skills, and offers participants the opportunity to interview with real employers for real jobs. Free. swood2@eurekaca.gov. uplifteureka.com/pathway/. (707) 672-2253.

23 Tuesday

ART

Ambient Cafe. Fourth Tuesday of every month, 10 a.m.-2 p.m. The Sanctuary, 1301 J St., Arcata. Monthly space for creatives with curated musical performances. Write, draw, paint, relax. Coffee, tea and baked goods available for purchase. Donations encouraged. together@sanctuaryarcata.org. sanctuaryarcata.org.

DANCE

Baywater Blues Fusion Dance. 7:15-9:15 p.m. The Historic Eagle House, 139 Second St., Eureka. Half hour dance lesson followed by social dancing. Come solo or with a friend to learn and enjoy partner dancing to blues and modern music. \$5-\$15 sliding, free for kids 12 and under. baywaterbluesfusion@gmail.com. facebook.com/profile.php?id=100089815497848. (707) 496-4056.

LECTURE

Chuck D: Keynote Speaker. 5-7 p.m. Van Duzer Theatre, Cal Poly Humboldt, Arcata. Chuck D of Public Enemy speaks as part of CPH's annual Hip Hop Conference. Register online. Free. crgs@humboldt.edu. crgs.humboldt.edu/. (707) 826-3225.

EVENTS

Cal Poly Humboldt's Hip Hop Conference: Power to the People. 5:30-8 p.m. Cal Poly Humboldt, 1 Harpst St., Arcata. A space for the Black and Brown diaspora in Humboldt to build community, and learn about the important cultural and sociopolitical history of hip hop. The 11th annual event includes panelists, student speakers, food, music and dancing. Public Enemy's Chuck D. is this year's keynote speaker on April 23. Free. crgs@humboldt.edu. crgs.humboldt.edu/. (707) 826-4329.

FOR KIDS

Northcoast Music Together Family Literacy Party Tour. Ferndale Library, 807 Main St. Children and parents can enjoy singing, keeping a beat and participating with confidence in music. Each attendee gets a free book. Free. literacyhelpers@gmail.com. humlib.org. (707) 445-3655.

MEETINGS

Humboldt Cribbage Club Tournament. 6:15-9 p.m. Moose

Continued on next page »

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- Graduated or Attending Humboldt County School
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- Letter of recommendation
- Enrolled or to be enrolled in college or university

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NCJ CALENDAR

Continued from previous page

Lodge, 4328 Campton Road, Eureka. Weekly six-game cribbage tournament for experienced players. Inexperienced players may watch, learn and play on the side. Moose dinner available at 5:30 p.m. \$3-\$8. 31for14@gmail.com. (707) 599-4605.

Humboldt Stamp Collectors' Club. Fourth Tuesday of every month, 6-8 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. New collectors and experts welcome. Learn about stamps, collecting and see local experts in stamps share their collections. Free. humstamp-club@gmail.com.

Toastmasters International. Fourth Tuesday of every month, 8:30-9:30 a.m. Virtual World, Online. See April 20 listing.

ETC

English Express: An English Language Class for Adults. Virtual World, Online. Build English language confidence in ongoing online and in-person classes. All levels and first languages welcome. Join anytime. Pre-registration not required. Free. englishexpresempowered.com. (707) 443-5021.

Pathway to Payday. 9 a.m.-noon. Betty Kwan Chinn Day Center, Corner of Seventh and C streets, Eureka. See April 22 listing.

24 Wednesday

MOVIES

Sci-Fi Night: Neon Genesis Evangelion - The End of Evangelion (1997). 6-9 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 6 p.m. Raffle at 7:10 p.m. Main feature at 7:20 p.m. Rated TVMA. All ages (16 and under parent or guardian suggested). Nerv faces a brutal attack from Seele, with Asuka in a coma and Shinji in a nervous breakdown. \$6, \$10 admission and poster. info@arcatatheatre.com. facebook.com/events/315692958179819. (707) 613-3030.

EVENTS

Cal Poly Humboldt's Hip Hop Conference: Power to the People. 4-8 p.m. Cal Poly Humboldt, 1 Harpst St., Arcata. See April 23 listing.

FOR KIDS

Northcoast Music Together Family Literacy Party Tour. 5:30-6:30 p.m. Eureka Library, 1313 Third St. Children and parents can enjoy singing, keeping a beat and participating with confidence in music. Each attendee gets a free book. Free. literacyhelpers@gmail.com. humlib.org. (707) 445-3655.

MEETINGS

Humboldt Health Care for All. Fourth Wednesday of every month, 5-6:30 p.m. The Sanctuary, 1301 J St., Arcata. Humboldt Health Care for All/Physicians for a National Health Program meet by Zoom every fourth Wednesday. Email for meeting link. healthcareforallhumboldt@gmail.com. sanctuaryarcata.org.

ETC

Pathway to Payday. 9 a.m.-1 p.m. Betty Kwan Chinn Day Center, Corner of Seventh and C streets, Eureka. See April 22 listing.

25 Thursday

ART

Figure Drawing at Synopsis. 7-9 p.m. Synopsis Collective, 1675 Union St., Eureka. See April 18 listing.

Meet the Local Maker: Coloring Night hosted by Pen & Pine. 5-8 p.m. Humboldt Bay Social Club, 900 New Navy Base Road, Samoa. Jenna from Pen & Pine will have coloring

pages, coloring postcards and coloring books available to purchase. Coloring supplies provided (but feel free to bring your own). humboldtbaysocialclub.com/our-events. (707) 502-8544.

Meet the Local Maker: Fig Leather Goods. 5-8 p.m. Humboldt Bay Social Club, 900 New Navy Base Road, Samoa. Featuring Rob Thompson Fig Leathergoods. humboldtbaysocialclub.com/our-events.

EVENTS

AWESome Business Competition Final Live Pitch. 5:30-8 p.m. Arcata Theatre Lounge, 1036 G St. A business model competition for agriculture, water, energy and other ventures supporting a resilient and regenerative Northern California. Five finalist teams pitch their business to a live audience. Free entry. awesomcomp.com.

Cal Poly Humboldt's Hip Hop Conference: Power to the People. 5-9 p.m. Cal Poly Humboldt, 1 Harpst St., Arcata. See April 23 listing.

OUTDOORS

Nature Quest. 2-5 p.m. Eureka Municipal Auditorium, 1120 F St. See April 18 listing.

ETC

OUT 4 Business. Last Thursday of every month, 5-7 p.m. Phatsy Kline's Parlor Lounge, 139 Second St., Eureka. An LGBTQ+ professionals networking mixer providing an open and welcoming environment for all people of the LGBTQ+ community as well as friends, allies and business professionals who value diversity and inclusivity. events@historiceaglehouse.com. fb.me/e/3XK7QZyuk. (707) 444-3344.

Pathway to Payday. 9 a.m.-noon. Betty Kwan Chinn Day Center, Corner of Seventh and C streets, Eureka. See April 22 listing.

Heads Up ...

Scotia Band scholarship: Current or former graduates of Humboldt County high schools who plan to enroll or are currently enrolled in a college-level music program next year can apply in writing for the annual \$600 Sewell Lufkin Memorial Scholarship. More information and an official application form are available on request at scotiaband2.org on the "scholarship" page. Mail applications to Scotia Band, PO Box 3, Scotia, CA 95565. Applications must be received by April 19.

Area 1 Agency on Aging seeks volunteer HICAP counselors in Humboldt and Del Norte Counties to help Medicare beneficiaries navigate enrollment and to understand insurance options. HICAP counselors provide impartial information to assist clients in making informed healthcare decisions. Visit alaa.org or contact Shauna McKenna at volunteer@alaa.org or call (707) 502-7688.

Area 1 Agency on Aging seeks volunteers to help with rides to medical appointments, educate and assist people to make informed decisions about Medicare options, advocate for residents in nursing homes, assist with matching home providers and home seekers, or teach technology training to older adults. Apply at alaa.org/volunteer-interest-form.

Become a volunteer at Hospice of Humboldt. For more information about becoming a volunteer or about services provided by Hospice of Humboldt, call (707) 267-9813 or visit hospiceofhumboldt.org. ●

Civil War's Victory

By John J. Bennett

screens@northcoastjournal.com

CIVIL WAR. I would never call myself a science fiction head, as much for fear of reprisals from within the community as for the sake of accuracy. When the genre works, though, it can deliver vivid, exciting, not-so-thinly veiled commentary on the triumphs and tragedies of humanity as we have known it. Properly executed, it may be the most effective medium by which satire — or satirical horror — can be communicated. And Alex Garland, active now for a quarter-century or so, stands out among precious few writers and directors who have made careers of it. My bias being what it is, I clearly prefer the cinematic variant. I've read a few of the seminal novels and short stories, of course, but I would never enter into anything like a debate with anyone truly studied; I know my place. Further, I like what I like and I have found that the literary strength of a great many sci-fi authors is outstripped by the breathtaking reach of their imaginations. What results can be a frustrating rendering of something that, by its suggestion, could be so much more. Either in prolix, ostensibly vivid description or ruthless elision, the fullness of a great vision is sometimes lost to the frustrating requirements of the written word. Which is not to say that movies, by default, have a better shot at getting it "right;" the opposite could, in fact, be true. But when they succeed, through the creators' judicious navigation of their imagination and the concrete limitations of budget, environmental conditions and other people, the vision comes to life with a force that can, even at this late stage, remind us of the magic of the medium.

All of this is, of course, made more effective by the guiding hand of a writer/director who can use the genre as a lens through which current circumstances (usually cultural ills) can be enlarged and examined (a little black humor never hurts). And it is in that little, volatile, alchemical combination that Garland has found such great and prescient success. More than any other "mainstream" movie maker, he has been able to transmute issues of the day into grand, concise, awesome, awful future-visions suffused as

much with horror as they are with humor. His insight and incisiveness, coupled with his unique visual sensibility, allow him to render otherworldly scenarios on-screen that, in their adherence to and departure from the strictures of the known world, create a discomfiting but all-encompassing atmosphere of familiarity within the unfamiliar.

Garland's scenarios, from *28 Days Later* (2002) to *Ex Machina* (2014) to *Men* (2022) — and yes, I've omitted more than a few for spatial limitations — set within or just after the fall of civilization as we know it, are defined by recognizable geography, tropes and metiers as points of departure: What would happen if a rage virus of artificial intelligence or phantasmagorical male aggression became real tomorrow, or right now? And his command of that technique has never been more effective, prescient or chilling than in *Civil War*.

Against a brutally familiar backdrop (the United States at war with itself), Lee (Kirsten Dunst) and Joel (Wagner Moura), a photographer and writer respectively, take a road-trip across the battle-scarred Eastern seaboard, from a decimated but painfully recognizable New York City to Washington, D.C. They intend to interview and photograph the president (Nick Offerman) before opposition forces (a military representing the unified secessionist states of California and Texas) sack the capital. Joined, despite Lee's great trepidation, by her mentor Sammy (Stephen McKinley Henderson) and aspiring photojournalist Jessie (Cailee Spaeny), they undertake their own Willard's journey into the heart of darkness.

As much war story as road movie, *Civil War* does more to unpack the chaotic, nonsensical nature of conflict and combat than any other major release in the last decade (or more). With Lee and Joel as inseparable foils and the shared narrative center of the piece (he's a fiend for the action, she's a reluctant but committed witness), we are shown acts of hideous violence that, as in reality, will remain mad-denyingly unexplained, if not unexamined. And the climax, an extended over-the-

shoulder procedural study of fighting forces in-theater, should go down as one of the most gripping combat sequences ever staged for the screen.

While the unnerving proximity of this story, with its jarring brutality and accompanying technical acumen, keep us constantly vigilant and on the edge of our seats. Garland tempers it with the lyricism and aesthetic beauty that have defined his work. The result is a fuller, more troubling vision than any other this year, a meditation on war and dissolution that is as gorgeous and elegiac as it is brisk and breathtaking. R. 109M. BROADWAY, MILL CREEK, MINOR. ●

John J. Bennett (he/him) is a movie nerd who loves a good car chase.

NOW PLAYING

ABIGAIL. Kidnappers (Kathryn Newton, Dan Stevens) find themselves trapped with a vampire ballerina (Alisha Weir). R. 109M. BROADWAY, MILL CREEK.

DUNE: PART TWO. More Zendaya in the second installment of the spicy sci-fi epic. PG13. 166M. BROADWAY.

THE FIRST OMEN. A prequel to the classic horror and another movie indicating that being a nun is way scarier than previously thought. R. 120M. BROADWAY, MILL CREEK.

GHOSTBUSTERS: FROZEN EMPIRE. Remaining original cast members (Bill Murray, Ernie Hudson, Dan Aykroyd, Annie Potts) team up with a new generation. With Paul Rudd. PG13. 115M. BROADWAY, MILL CREEK.

GODZILLA X KONG: THE NEW EMPIRE. Bring back the Mothra twins, you cowards. BROADWAY, MILL CREEK.

Avoiding acquaintances at the grocery store.
Civil War



HUMBOLDT INTERNATIONAL FILM FESTIVAL. Fifty-seventh annual student-curated screenings of movies from around the world over six programs. MINOR.

KUNG FU PANDA 4. Jack Black returns to voice the roly-poly warrior with legend James Hong, Awkwafina and Viola Davis. PG. 94M. BROADWAY, MILL CREEK.

THE LONG GAME. Jay Hernandez, Gillian Vigman and Dennis Quaid star in a drama about Mexican American caddies who build their own golf course. PG. 106M. MILL CREEK.

MET OPERA: LA RONDINE. Puccini opera starring Jonathan Tetelman and Angel Blue. NR. 165M. MINOR.

THE MINISTRY OF UNGENTLEMANLY WARFARE. Guy Ritchie directs World War II action starring Henry Cavill and Alan Ritchson. R. 120M. BROADWAY, MILL CREEK.

MIRACLE MILE. Three-man road-trip comedy. 82M. BROADWAY, MILL CREEK.

MONKEY MAN. Dev Patel writes, directs and stars as a fighter avenging his mother, burning down the system and wearing the hell out of a tux. R. 121M. BROADWAY, MINOR.

SASQUATCH SUNSET. Jesse Eisenberg and Riley Keogh star in the Humboldt-shot Bigfoot comedy adventure people already hate. R. 189M. BROADWAY.

SHREK 2. The ogre meets the parents. PG. 93M. BROADWAY, MINOR.

SPY X FAMILY CODE: WHITE. Anime based on the series. PG13. 110M. BROADWAY.

Fortuna Theatre is temporarily closed. For showtimes call: Broadway Cinema (707) 443-3456; Mill Creek Cinema 839-3456; Minor Theatre (707) 822-3456.

CROSSWORD

By Matt Jones

1	2	3	4	5		6	7	8	9		10	11	12	13
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68						69				70				

“INCOMPLETE BROADWAY”

ANSWERS NEXT WEEK!

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- ACROSS
1. Greek letter after eta

6. Mummy's locale

10. Blowfish delicacy that may be dangerous to eat

14. Blowing up online

15. Athletic footwear brand

16. "... like ___ of bricks"

17. Neck warmer

18. Incomplete musical about royal footwear?

20. Recording material

22. Anti-pollution gp.

23. Chess or key lime, e.g.

24. Tattoos

27. A bunch

29. Instigate

31. Incomplete musical about someone who's into Verdi

and Wagner?

34. Amazon assistant

35. Cheesy dip

36. Ride from the airport, maybe

37. Sulky expressions about Yogi or

39. Towering city?

43. Abu ___

45. Gary who had a hit with "Cars"

46. Incomplete play about Yogi or Boo-Boo?

49. Aretha Franklin's longtime label

51. Broadway play or musical

52. Org. based in Langley

53. Animation sheet

54. Retreating tide

56. Toaster-based brand

58. Incomplete musical about Chucky or

Annabelle?

61. Keep clear of

65. "Garfield" dog

66. Hideaway

67. Giant tourist attraction

68. Sweet endings?

69. Ready and willing go-with

70. Come in

11. Perfect place

12. "Understood?"

13. Erase from memory, jokingly

19. Causes of ruin

21. Planter's container

24. "___ first you don't succeed ..."

25. Simba's mate

26. Construction toy brand with an apostrophe and no silent letters

28. Sparkly bits

30. Appear unexpectedly

32. Lime and rust, for example

33. Baseball call

37. Mathematical curve

38. Kimono closer

40. Colorful computer

41. Bollywood garment

42. "Put Your Head on My Shoulder"

crooner Paul

44. Couldn't stand

45. Menu option paired with "Continue"

46. Singer Eilish

47. "And ___ off!"

48. Sty sitter

49. "Gesundheit" prompter

50. Orchestra section

55. Say too much

57. Pizzeria fixture

59. Guitar innovator Paul

60. ___ Uzi Vert

62. Mo. with 31 days

63. Addition to coffee, sometimes

64. ___ es Salaam, Tanzania

LAST WEEK'S ANSWERS TO SOUNDS LIKE A DEAL

S	P	E	C	S	T	A	C	T	S	L	A	B		
A	L	E	R	T	A	L	I	A	N	A	T	O		
K	O	R	E	A	L	A	R	S	O	T	R	O		
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© Puzzles by Pappocom

HARD #66

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3								4
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	2	9					8	
				7		1		9
			4		1		2	

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NCTJ WASHED UP

Hot Tomcod Action

By Mike Kelly
washedup@northcoastjournal.com



Pacific tomcod found in a lancetfish.
Photo by Mike Kelly

Welcome to Washed Up's Xucation Channel where we present science education in a format that people will actually watch. In this episode, a lady visits a gentleman and we learn about an interesting fish.

"Hey handsome, bet you can't resist these."

While he fails to resist those, let's discuss the Pacific tomcod (*Microgadus proximus*). This fish is in the family of true cods, which can be distinguished from other fishes by their three dorsal fins, two anal fins and a single whisker, or barbel, at the end of their chin. (A lot of non-true cods are commonly called "cod," such as "rock cod" for rockfish, and "black cod" for sablefish.)

"Let's see how big you are."

The relevant part of our well-above-average gentleman performer is approximately the size of an average adult tomcod. So, unlike the bigger cod species, there is only a very minor commercial fishery for Pacific tomcod. But they are a somewhat popular sportfish that are often caught from piers. Like other cod, they have delicately flavored flakey white meat. And some people cook them as you would freshwater panfish.

"You deserve a spanking, you naughty boy."

Soft bottoms composed of mud, silt or sand are the substrate that Pacific tomcod associate with, even when they are far above it in the water column. You just don't find them in rocky habitat. Accordingly, young-of-the-year tomcod migrate into near-shore waters, including bays and estuaries with soft bottoms and lower salinity than the open ocean. Overall, they have a very high tolerance for a range of temperatures and salinity. After a period of rearing in shallow waters, they typically migrate to the open sea as adults. But one known exception is Humboldt Bay, where adults inhabit some deeper channels.

"Harder! Harder!"

It seems harder to find washed-up Pacific tomcods than some other common local species. I've only ever found two, and one

of those was in the stomach of a washed-up longnose lancetfish. To be sure that the ones I found were not juveniles of the very similar Pacific cod, I measured the distance from the tip of the jaw to the front of the first dorsal fin, and compared that to the overall body length. In my two specimens, the mouth-to-fin length was approximately 25 percent of the total length, where it would be greater than 33 percent in a Pacific cod. (Being a fish biologist isn't as exciting as being a porn star but it's pretty close.)

"Deeper!"

Deeper? Be careful, you two. Anyway, Pacific tomcod occur from Alaska to Central California in surface waters to as deep as 900 feet. In shallower water, scuba divers report seeing spectacular swirling schools of juveniles, especially at night. Like other cod, the Pacific tomcod has many fine sharp teeth, which are ideal for holding onto slippery prey. And a tomcod will eat almost any other critter it can fit into its large mouth, including crustaceans, worms and smaller fish. And they are eaten by almost any critter that can fit the tomcod into its mouth, including larger fish, birds and marine mammals. Because tomcods have no spines in their fins, they probably go down easier than other fish.

"Oh yeah ... oh yeah ... OHHH YEAAAH"

Oh yeah, I should mention that tomcod are open-water broadcast spawners, which means the schooling fish spontaneously release their gametes (eggs and sperm) into the water column to mix freely. Whoa! Thanks to our gentleman performer for that somewhat less dignified impersonation of a spawning male tomcod.

And thanks for joining us. Tune in next time when a professional carpet cleaner services a sorority house and we discuss clams. ●

Biologist Mike Kelly (he/him) is also the author of the book Tigerfish: Traditional and Sport Fishing on the Niger River, Mali, West Africa. It's available at Amazon or everywhere e-books are sold.

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50 and Better

BEGINNING DIGITAL PHOTOGRAPHY WITH ELI VEGA. In this highly interactive course, you will learn the basics -- like those dials on your camera, those mysterious menu items -- and more. Online: Tues., April 23 - May 7. 10 a.m. - 12 p.m. OLLI members \$65. Sign up today! 707-826-5880 or humboldt.edu/olli.

WRITING A LEGACY LETTER WITH JAY SHERWIN. This brief course includes discussion and reflective writing exercises to help you complete your own legacy letter. Online: Tues., April 23 & 30 from 1-2:30 p.m. OLLI members \$30. Sign up today! 707-826-5880 or humboldt.edu/olli.

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ONLINE SHOPPING SAFETY WITH PAM HOLTEN. How do you know for sure that it's safe to order online? During this class you'll learn all the ways to verify the safety of shopping at an online store. Online: Wed., April 24 from 1-3 p.m. OLLI members \$25. Sign up today! 707-826-5880 or humboldt.edu/olli.

LATEST TREATMENTS OF MIGRAINE HEADACHES WITH CAROLINE CONNOR. If you or your family or friends suffer from migraine headaches, join us for an hour to discuss the latest neuromodulators and medications for treatment. Online: Thurs., April 25 from 5-7 p.m. OLLI members \$35. Sign up today! 707-826-5880 or humboldt.edu/olli.

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ROCK, PAPER, SCISSORS, PAINT! WITH ZOE SCHMITT. Explore the techniques necessary to paint on a rock -- layering, sketching, and get an in-depth look into rock art cultivation. In-person: Sat., April 27 from 1-3 p.m. OLLI members \$30. Sign up today! 707-826-5880 or humboldt.edu/olli

TAKE A CLASS WITH OLLI New! Registration for OLLI classes close 3 business days before the class start date. Anyone can take an OLLI class. Join OLLI today and get the member discount on classes. Non-members add \$25 to the class fee listed. humboldt.edu/olli/classes

Spiritual

EVOLUTIONARY TAROT Ongoing Zoom classes, private mentorships and readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com carolyn@tarotofbecoming.com

SILENT MEDITATION RETREAT May 17-19 or 20. \$60/night plus food contribution. Sliding scale. All traditions welcome. Call Cat: 707-445-8596. 2catmcadams@gmail.com. At mattolecamp.com.

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Vocational

ADDITIONAL ONLINE CLASSES College of the Redwoods Community Education and Ed2GO have partnered to offer a variety of short term and career courses in an online format. Visit <https://www.redwoods.edu/communityed/Detail/ArtMID/17724/ArticleID/4916/Additional-Online-Classes>

FREE ASL CLASSES visit <https://www.redwoods.edu/adulted> or call College of the Redwoods at 707-476-4500 for more information and to register.

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INJECTIONS/VENIPUNCTURE NOTARY Call College of the Redwoods Community Education at (707) 476-4500.

INSTRUCTORS NEEDED: Bookkeeping (QuickBooks), ServSafe Manager's Certification & Cannabis Business Training. Call College of Redwoods Community Education at (707) 476-4500.

NOTARY CLASS June 13, 2024 Call College of the Redwoods Community Education at (707) 476-4500.

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TSG No.: 8788737
TS No.: CA2300289693
APN: 524-033-043-000

Property Address: 125 RIVERSIDE LANE WILLOW CREEK, CA 95573
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 03/11/2021. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 05/08/2024 at 11:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 03/12/2021, as Instrument No. 2021-005587, in book , page , of Official Records in the office of the County Recorder of HUMBOLDT County, State of California. Executed by: JEDEDIAH A. MORRIS, AN UNMARRIED MAN, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) At the front entrance to the County Courthouse at 825 5th Street, Eureka, CA 95501 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 524-033-043-000 The street address and other common designation, if any, of the real property described above is purported to be: 125 RIVERSIDE LANE, WILLOW CREEK, CA 95573 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$ 628,467.17. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering

bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this internet website <http://search.nationwideposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA2300289693 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction if conducted after January 1, 2021, pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (916)939-0772, or visit this internet website <http://search.nationwideposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA2300289693 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee.

Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid, by remitting the funds and affidavit described in Section 2924m(c) of the Civil Code, so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772 NPP0458775 To: NORTH COAST JOURNAL

04/18/2024, 04/25/2024, 05/02/2024 (24-136)

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700-21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code.

The undersigned will sell at auction by competitive bidding on the 24th of April, 2024, at 9:00 AM, on the premises where said property has been stored and which are located at Rainbow Self Storage.

The following spaces are located at 4055 Broadway Eureka, CA, County of Humboldt.

Laura Maez, Space #5537

The following spaces are located at 639 W. Clark Street Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Aunna Bollman, Space #2612
Shawn Rowland, Space #2805

The following spaces are located at 3618 Jacobs Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Sara Carnemolla, Space #1232
Melanie Mirthan-Nelson, Magic Can Collective LLC, Space #1312
Lincoln Nunes, Space #1388

The following spaces are located at 105 Indianola Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Scott Smith, Space #128
Bernard Singer, Space #153
Rebecca Sokolowski, Space #228
Dan Conant, Space #289
Evan Needham, Space #356
Catherine Hutchinson, Space #552
Anthony Zenda, Space #570

The following spaces are located at 100 Indianola Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

None

The following spaces are located at 1641 Holly Drive McKinleyville, CA, County of Humboldt and will be

sold immediately following the sale of the above units.

None

The following spaces are located at 1641 Holly Drive McKinleyville, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Brian Machado, Space #5105
Kristine Ratjen, Space #7117
Brandon Heckman, Space #7220

The following spaces are located at 2394 Central Avenue McKinleyville CA, County of Humboldt and will be sold immediately following the sale of the above units.

Jason Locker, Space #9211

The following spaces are located at 180 F Street Arcata CA, County of Humboldt and will be sold immediately following the sale of the above units.

Taylor Pietrok, Space #4019

The following spaces are located at 940 G Street Arcata CA, County of Humboldt and will be sold immediately following the sale of the above units.

Rudy Siebuhr, Space #6309

Items to be sold include, but are not limited to:
Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc.

**ADVERTISEMENT FOR BIDS
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675 WILDWOOD AVENUE. RIO DELL, CALIFORNIA 95562

Separate sealed bids will be received for the Eel River Trail Project.

The work consists of the furnishing of all labor, plant, equipment, supervision for the construction of the Eel River Trail Project. Mobilization/demobilization, construction staking, traffic control system, signage, preparation and implementation of a storm water pollution prevention plan and rain event action plan, contractor supplied biologist, invasive species control, temporary high visibility fencing, tree removal, clearing and grubbing, roadway excavation, embankment, decorative boulders, furniture, replacement planting and plant establishment work, decomposed granite, metal edging, bioretention pond, erosion control products, asphalt/ concrete demolition, class 2 aggregate base, hot mix asphalt, structural concrete, finish bar reinforcing steel, 12" and 18" storm drain piping (includes excavation, bedding, laying, & backfill), 12" and 18" automatic drainage gates, culvert removal, retaining wall, guardrails, handrails, minor concrete (curb, sidewalk, and curb ramp).

Bids will be received electronically until 2:00 PM. on Thursday, April 25, 2024 PDT. Bid proposals shall be submitted electronically on the form contained in the Contract Documents and shall be included as attachment(s) to an email with the subject line "Bid Proposal for City of Rio Dell Eel River Trail Project" to City of Rio Dell care of GHD Inc. at Luke.Halonen@ghd.com. The email shall also contain the name of the Bidder, their address, license number, and California Department of Industrial Relations (DIR) registration number. The City of Rio Dell shall provide a response email receipt from GHD Inc. to the Contractor showing the date and time the submission was received. Bids received after the time specified for opening will not be considered. The Bidder is solely responsible for timely delivery of their bid.

Parties interested in attending the bid opening conference call must submit a request via email to Luke.Halonen@ghd.com with the subject line "Request for Invitation to City of Rio Dell Eel River Trail Project Seal Bid Opening" by 12:00 PM. on Thursday, April 25, 2024 PDT and respond to the invitation that will be sent via email from GHD Inc.

A non-mandatory pre-bid conference and site visit will be held to familiarize potential Bidders with the project and is scheduled for 10:00 AM on Tuesday, April 16, 2024, PDT, meet at 675 Wildwood Avenue, Rio Dell, CA 95562.

The Contract Documents are currently available and may be examined at the following locations:

Humboldt Builders Exchange, Eureka
North Coast Builders Exchange, Santa Rosa
Shasta Builders Exchange, Redding
Medford Builders Exchange, Medford

Contractors may obtain an electronic copy of the Contract Documents for no cost by emailing Luke.Halonen@ghd.com and requesting the "City of Rio Dell Eel River Trail Project Bid Package". Contractors are encouraged to carefully read the "Information for Bidders" section in the Contract Documents. Questions concerning these documents must be submitted by email to Luke.Halonen@ghd.com by 5:00 PM on Thursday, April 18, 2024.

The general prevailing wage rates applicable to the Work are set by the State Director of DIR, State of California under Labor Code Section 1771.4. The Contractor will be required to comply with any changes in these wage rates as they are updated by the State government at no cost to the Owner. Prevailing rates are available online at <http://www.dir.ca.gov/DLSR>.

stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown.

Anyone interested in attending Rainbow Self Storage auctions must pre-qualify. For details call 707-443-1451. Purchases must be paid for at the time of the sale in cash only. All pre-qualified Bidders must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchased items are sold as is, where is and must be removed at time of sale. Sale is subject to cancellation for any reason whatsoever. Auctioneer: Nicole Pettit, Employee for Rainbow Self-Storage, 707-443-1451, Bond # 40083246.

Dated this 11th day of April, 2024 and 18th day of April, 2024

4/11, 4/18/2024 (24-114)

FICTITIOUS BUSINESS NAME STATEMENT 24-00110

The following person is doing Business as
ROSELAND CARE HOME

Humboldt
6449 Purdue Dr
Eureka, CA 95503

2482 Hillcrest Dr
Eureka, CA 95503

Cleo B Smith
6449 Purdue Dr
Eureka, CA 95503

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on February 1, 2005
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Cleo Smith, Owner
This March 18, 2024
JUAN P. CERVANTES
by sg, Humboldt County Clerk

3/28, 4/4, 4/11, 4/18/2024 (24-110)

FICTITIOUS BUSINESS NAME STATEMENT 24-00114

The following person is doing Business as
NATES ESSENTIAL TRAINING

Humboldt
1172 Peeples Rd
McKinleyville, CA 95519

Nathan T Hentley
1172 Peeples Rd
McKinleyville, CA 95519

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on June 15, 2018
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Nathan Hentley, Owner
This February 28, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk

3/28, 4/4, 4/11, 4/18/2024 (24-104)

FICTITIOUS BUSINESS NAME STATEMENT 24-00115

The following person is doing Business as
BRAIDS AND LOCS BY JOY

Humboldt
3036 Halfway Ave
McKinleyville, CA 95519

Willow J Barger
3036 Halfway Ave
McKinleyville, CA 95519

The business is conducted by an Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Willow Barger, Owner
This February 28, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk

3/28, 4/4, 4/11, 4/18/2024 (24-103)

FICTITIOUS BUSINESS NAME STATEMENT 24-00129

The following person is doing Business as
HUMAN LEGACY GROUP

Humboldt
1450 Marty Ave
McKinleyville, CA 95519

Evan M Schwartz
1450 Marty Ave
McKinleyville, CA 95519

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Evan Schwartz, Founder/Owner
This March 6, 2024
JUAN P. CERVANTES
by jc, Humboldt County Clerk

3/28, 4/4, 4/11, 4/18/2024 (24-105)

FICTITIOUS BUSINESS NAME STATEMENT 24-00132

The following person is doing Business as
CREATIVE SOLUTIONS GENERAL CONTRACTOR

Humboldt
12 Berry Rd
Trinidad, CA 95570

PO Box 968
Trinidad, CA 95570

Shoogs R Narelle
12 Berry Rd
Trinidad, CA 95570

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to

Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Shoogs R Narelle, Owner
This March 8, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk

4/11, 4/18, 4/25, 5/2/2024 (24-131)

FICTITIOUS BUSINESS NAME STATEMENT 24-00143

The following person is doing Business as
CUSTODIAN LLC

Humboldt
1408 Tompkins Hill Rd
Fortuna, CA 95540

Custodian LLC
CA 202017810189
1408 Tompkins Hill Rd
Fortuna, CA 95540

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on August 1, 2020
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Timothy Donaghy, CEO
This March 13, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk

4/18, 4/25, 5/2, 5/9/2024 (24-140)

FICTITIOUS BUSINESS NAME STATEMENT 24-00144

The following person is doing Business as
SURFSIDE BURGER SHACK

Humboldt
445 5th Street
Eureka, CA 95501

Angelica A Delgado Sanchez
445 5th Street
Eureka, CA 95501

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Angelica Delgado, Owner
This March 13, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk

4/4, 4/11, 4/18, 4/25/2024 (24-120)

ADVERTISEMENT FOR BIDS

Fieldbrook Glendale Community Services District.
P.O. Box 2715
McKinleyville, California 95519
The *Fieldbrook Glendale Community Services District*(FGCSD) is currently advertising for contractor bids regarding its “FGCSD 400,000 Gallon Water Tank Seismic Retrofit Mitigation Project”.
Bids will be received electronically until **2:00 PM, May 14, 2024 PDT**. Bid proposals shall be submitted electronically on the forms contained in the Contract Documents and shall be included as attachment(s) to an email with the subject line “Bid Proposal for FGCSD 400,000 Gallon Water Tank Project” to FGCSD care of *GHD Inc.* at steven.pearl@ghd.com. The email shall also contain the name of the Bidder, their address, license number, and *California Department of Industrial Relations* (DIR) registration number.

FGCSD shall provide a response email receipt from *GHD Inc.* to the Contractor showing the date and time the submission was received. Bids received after the time specified for opening will not be considered. The Bidder is solely responsible for timely delivery of their bid.

Parties interested in attending the bid opening conference call must submit a request via email to steven.pearl@ghd.com with the subjectline“Request for Invitation to FGCSD 400,000 Gallon WaterTank Project Sealed Bid Opening” by **1:00 PM, May 14, 2024 PDT**and respond to the invitation that will be sent via email from *GHD Inc.*

A non-mandatory pre-bid conference and site visitwill be held to familiarize potential Bidders with the project and is scheduled for **10:00AM, April 23, 2024 PDT**, meet at 4584 Fieldbrook Rd, Fieldbrook, CA, 95519.

The Work associated with this project will consist of, but is not limited to, the furnishing of all labor, material, equipment, and supervision for the installation and testing of new water tank and foundation, new yard piping and modifications to existing piping, new electrical work and modifications to electrical lines, demolition of

existing control shed and installation of new fiberglass control shed, grading, and gravel road resurfacing.

The Contract Documents are currently available and maybe examined at the following locations:

Humboldt Builders Exchange, Eureka
North Coast Builders Exchange, Santa Rosa
Shasta Builders Exchange, Redding
Medford Builders Exchange, Medford

Contractors may obtain an electronic copy of the Contract Documents for no cost by emailing steven.pearl@ghd.com and requesting the “FGCSD 400,000 Gallon Water Tank Project Bid Package”. Contractors are encouraged to carefully read the “Information for Bidders” section in the Contract Documents. Questions concerning these documents must be submitted by email to steven.pearl@ghd.com by **1:00 PM, May 7, 2024 PDT**.

This is a Public Works Project funded with CA State funds. CA State prevailing wage rates will be required on this project. Pursuant to CA Labor Code 1725.5 all contractors and subcontractors must be currently registered and be in good standing with the Department of Industrial Relations to be listed on a bid and work on a public works project. The general prevailing wage rates applicable to the Work are set by the State Director of DIR State of California under Labor Code Section 1771.4. The Contractor will be required to comply with any changes in these wage rates as they are updated by the State government at no cost to the Owner. Prevailing rates are available online at<http://www.dir.ca.gov/DLSR>. This project is also funded with federal funds and the higher of the two wage rates will be paid to workers.

Richard Hanger
General Manager, *Fieldbrook Glendale Community Services District*.



PUBLIC HEARING AND PARENT COMMITTEE MEETING

The Northern Humboldt Indian Education Program, Title VI, will conduct a Public Hearing and Parent Committee meeting on April 24, 2024 at 5:30 p.m. The hearing and meeting will take place at McKinleyville High School library. All parents/guardians of American Indian/Alaska Native students enrolled in Trinidad, McKinleyville, Blue Lake, Pacific Union, Arcata, Big Lagoon, Jacoby Creek, Fieldbrook, and Northern Humboldt Union High School Districts and community members are invited to attend. The purpose of the hearing is to receive community input to the 2024-25 Title VI, Formula Grant application. For more information email abrenes@nohum.k12.ca.us

FGCSD REQUEST FOR QUALIFICATIONS DEADLINE: MAY 06, 2024

Notice is hereby given that the Fieldbrook Glendale Community Services District (District) requests a Statement of Qualifications (SOQ) from qualified Construction Managers for the oversight and commissioning of a 400,000-gallon water tank. The District is seeking a consultant firm or team to provide services necessary to proceed with the bidding, construction management, and observation of the installation of a new round steel tank on a new concrete foundation and connecting piping and electrical systems. It is anticipated that a single consultant firm or team will be selected encompassing all the required engineering disciplines. The project is located in a rural residential area on Red Rock Lane in the unincorporated community of Fieldbrook, Humboldt County, California. Funding for this project will be provided by the Federal Emergency Management Agency and California Department of Water Resources. The District will establish a Selection Committee to review the SOQ submittals received. The Selection Committee will request a price proposal from the most qualified firm/team, and acceptance is subject to negotiation of a fair and reasonable price. The District’s Board of Directors will approve the final proposal.

FICTITIOUS BUSINESS NAME
STATEMENT 24-00155

The following person is doing Business as
HAIR BY SHEL1

Humboldt
2017 Central Ave
McKinleyville, CA 95519

1975 Sagewood Way #157
McKinleyville, CA 95519

Michele A Benson
1975 Sagewood Way #157
McKinleyville, CA 95519

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Michele Benson, Owner
This March 15, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk
3/28, 4/4, 4/11, 4/18/2024 (24-107)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00158

The following person is doing Business as
LOST COAST DRONE

Humboldt
142 Church Lane
Carlotta, CA 95528

Raleigh D Willoughby
142 Church Lane
Carlotta, CA 95528

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on February 1, 2024
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Raleigh Willoughby, Owner
This March 18, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk
3/28, 4/4, 4/11, 4/18/2024 (24-108)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00162

The following person is doing Business as
DOUGH MAMA'S BAKED GOODS

Humboldt
1322 Vernon St
Eureka, CA 95501

Amber M Wentworth
1322 Vernon St
Eureka, CA 95501

The business is conducted by an Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Amber Wentworth, Owner
This March 21, 2024
JUAN P. CERVANTES
by jc, Humboldt County Clerk
3/28, 4/4, 4/11, 4/18/2024 (24-106)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00163

The following person is doing Business as
LOST COAST PHYSICAL THERAPY

Humboldt
2320 23rd St
Eureka, CA 95501

Sarah Cordero Physical Therapy Inc
CA
2320 23rd St
Eureka, CA 95501

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on March 21, 2024
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Sarah Cordero, President
This April 9, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk
4/18, 4/25, 5/2, 5/9/2024 (24-116)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00166

The following person is doing Business as
HUMBOLDT LEGACY JEWELERS

Humboldt
1100 Main Street, Suite A
Fortuna, CA 95540

Patricia Foster
1100 Main Street, Suite A
Fortuna, CA 95540

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the regis-

trant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Patricia Foster, Owner
This March 25, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk
4/4, 4/11, 4/18, 4/25/2024 (24-119)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00169

The following person is doing Business as
HUMBOLDT GARDENS

Humboldt
212 X Street
Eureka, CA 95501

Humboldt Garden Supply, Inc.
CA C3858411
212 X Street
Eureka, CA 95501

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on January 1, 2024
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Amber Cook, CFO
This March 26, 2024
JUAN P. CERVANTES
by jc, Humboldt County Clerk
4/4, 4/11, 4/18, 4/25/2024 (24-116)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00170

The following person is doing Business as
B CERAMICS

Humboldt
805 N Street
Eureka, CA 95501

Bert E Dyer
805 N Street
Eureka, CA 95501

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Bert Dyer, Owner
This March 26, 2024
JUAN P. CERVANTES
by jc, Humboldt County Clerk
4/4, 4/11, 4/18, 4/25/2024 (24-113)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00172

The following person is doing Business as
GLASS ROOTS WINDOW CLEANING

Humboldt
2152 Heather Lane Apt B
Arcata, CA 95521

Brian E Murphy
2152 Heather Lane Apt B
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on March 22, 2024
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Brian Murphy, Owner
This March 26, 2024
JUAN P. CERVANTES
by sg, Humboldt County Clerk
4/4, 4/11, 4/18, 4/25/2024 (24-121)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00177

The following person is doing Business as
CLEAN LINES PAINTING

Humboldt
2026 St. Maru Lane
McKinleyville, CA 95519

PO Box 722
Bayside, CA 95524

Gregory K Tornetta
PO Box 722
Bayside, CA 95524

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Gregory K Tornetta, Owner
This March 27, 2024
JUAN P. CERVANTES
by jc, Humboldt County Clerk
4/4, 4/11, 4/18, 4/25/2024 (24-118)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00178

The following person is doing Business as
HUMBOLDT CO-OP FAIR

Humboldt
4988 Cranae St
Eureka, CA 95503

Dwayne E Quella
4988 Crane St
Eureka, CA 95503

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on March 27, 2024
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Dwayne Quella, Owner
This March 27, 2024
JUAN P. CERVANTES
by jc, Humboldt County Clerk
4/4, 4/11, 4/18, 4/25/2024 (24-117)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00181

The following person is doing Business as
SKYS THAI DELIGHT

Humboldt
126 W 14th St
Eureka, CA 95501

Chamaiporn Sakonrung
126 W 14th St
Eureka, CA 95501

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Chamaiporn Sakonrun, Owner
This March 27, 2024
JUAN P. CERVANTES
by sc, Humboldt County Clerk
4/4, 4/11, 4/18, 4/25/2024 (24-123)

FICTITIOUS BUSINESS NAME
STATEMENT 24-00182

The following person is doing Business as
MOUNTAIN BAY MORTGAGE

Humboldt
217 E St
Eureka, CA 95501

Alfredo Ramirez-Maldonado
3110 Bonanza St
McKinleyville, CA 95519

The business is conducted by an Individual.
The date registrant commenced to transact business under the ficti-



**ARCATA SCHOOL DISTRICT
PUBLIC NOTICE
SCHOOL BOARD VACANCY**

A vacancy has occurred on the Board of Trustees of the Arcata School District, effective February 12, 2024. The Board of Trustees is seeking a qualified person to join the Board for the remainder of the term (until the November 2024 election). Please consider joining Board President Brian Hudgens, Board Clerk Christine Ng, and Trustees Anna KT McClure and John Schmidt in promoting student achievement and successfully guiding the District into the future.

Pursuant to Education Code sections 5091 and 5328, the Board of Trustees of the Arcata School District intends to appoint a qualified person to the Board to fulfill this vacancy. Qualifications include being at least 18 years of age and a registered voter, and applicants must live within the designated trustee area. Area 3 is in north Arcata between Highway 101 west to the Westwood neighborhood and Wyatt Lane, and 17th Street north to 27th Street. To determine which trustee area you live in, use the interactive map developed by the District at <http://arcg.is/mH9L9> by entering an address in the search tool at the upper right.

Persons interested in applying may obtain an application online at arcataschooldistrict.org, or by calling or writing to Superintendent Luke Biesecker at (707) 822-0351, ext. 101; superintendent@arcatasd.org; or 1435 Buttermilk Lane, Arcata CA 95521.

Completed applications must be received in the District Office no later than 5:00 p.m. on Wednesday, May 8, 2024. The current members of the Board of Trustees will interview applicants in open session at a meeting on Monday, May 13. The successful applicant will be seated at that meeting and shall be afforded all the powers and duties of a Board member upon appointment.

Persons desiring to submit questions for the Board's consideration in connection with the interview process may submit suggested questions in writing to the District Office by 5:00 p.m. on Wednesday, May 8, 2024.

tious business name or name listed above on Not Applicable I declare that all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Alfredo Ramirez Maldonado, President/Owner
This March 28, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk
4/4, 4/11, 4/18, 4/25/2024 (24-122)

FICTITIOUS BUSINESS NAME STATEMENT 24-00183
The following person is doing Business as
CC MARKET AND DELI

Humboldt
1328 Eeloa Avenue
Rio Dell, CA 95562

Gurpreet and Monty Inc
CA 3952875
1968 Yellow Rose Lane
Santa Rosa, CA 95407

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on October 1, 2016
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Gurpreet Singh, CFO
This March 28, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk
4/4, 4/11, 4/18, 4/25/2024 (24-124)

FICTITIOUS BUSINESS NAME STATEMENT 24-00192
The following person is doing Business as
EMERALD TRIANGLE COLLECTIBLES

Humboldt
2687 Pacific Ct.
Arcata, CA 95521

Israel D LeFrak
2687 Pacific Ct.
Arcata, CA 95521

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on April 4, 2024
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a

misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Israel LeFrak, Owner
This April 4, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk
4/11, 4/18, 4/25, 5/2/2024 (24-130)

FICTITIOUS BUSINESS NAME STATEMENT 24-00199
The following person is doing Business as
SYMPHONY CONSULTING

Humboldt
1434 J St
Eureka, CA 95501

Symphony Consulting LLC
CA 202356717235
1434 J St
Eureka, CA 95501

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on July 12, 2023
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Gabriel Acosta, CEO
This April 9, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk
4/18, 4/25, 5/2, 5/9/2024 (24-137)

FICTITIOUS BUSINESS NAME STATEMENT 24-00202
The following person is doing Business as
VN NAIL SPA

Humboldt
2916 Central Ave #B
Eureka, CA 95503

VND Inc
CA 5943860
804 O St
Eureka, CA 95501

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Han Vi Thi Tran, CEO
This April 10, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk
4/18, 4/25, 5/2, 5/9/2024 (24-139)

FICTITIOUS BUSINESS NAME STATEMENT 24-00209
The following person is doing Business as
GUS MELESIO TRUCKING

Humboldt
2290 Silverbrook Ct
McKinleyville, CA 95519

Gustavo Melesio-Ramirez
2290 Silverbrook Ct
McKinleyville, CA 95519

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on April 1, 2021
I declare that all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Gustavo Melesio-Ramirez, Owner
This April 15, 2024
JUAN P. CERVANTES
by jr, Humboldt County Clerk
4/18, 4/25, 5/2, 5/9/2024 (24-141)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO. CV2400495
SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF:
EMELY VELEZ
for a decree changing names as follows:

Present name
EMELY VELEZ
to Proposed Name
EMELY FUENTES NEILSON
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: May 31, 2024
Time: 1:45 p.m., Dept. 4 Room 4
SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH STREET EUREKA, CA 95501

To appear remotely, check in advance of the hearing for information about how to do so on the court's website. To find your court's website, go to www.courts.ca.gov/find-my-court.htm.

Date: March 26, 2024
Filed: March 26, 2024
/s/ Timothy A. Canning
Judge of the Superior Court
4/4, 4/11, 4/18, 4/25/2024 (24-125)

LEGALS?
442-1400 x314

OBITUARIES



Erin Jarvis-Nessier

An outdoor celebration of life planned, regardless of weather, for April 20th, 2024, noonish to lights out. The celebration may include spreading of ashes, light trail work, and the planting of redwoods, accompanied by love, fellowship, and good vibes. A favorite dish or beverage is welcome. You can contact Robert via email at opuskahn49@gmail.com. Wyers Family Cremations is handling all funeral arrangements. In lieu of flowers, donations to the Sequoia Humane Society or another charity of your choosing will honor Erin's memory.



K'ima:w Medical Center
an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:

- PURCHASED REFERRED CARE (PRC) CLERK – FT Regular (\$18.62-\$25.09)**
HOUSING COORDINATOR – FT Regular (\$24.18-35.90)
RECRUITMENT AND RETENTION SPECIALIST– FT Regular (\$28.43-\$37.30)
ASSISTANT PROJECT MANAGER -FT Regular (\$35.59 – \$45.46 DOE)
CLINICAL APPLICATIONS COORDINATOR – FT/Regular (\$79,539 - \$101,596 DOE)
FLOATING SUPPORT CLERK – FT Regular (\$17.17-\$23.77)
CLINICAL LABORATORY ASSISTANT – FT Regular (\$22.05-29.72)
MEDICATION REFILL CLERK – FT/Regular (\$16.24-\$22.48 hr.)
DESK TECHNICIAN – FT Regular (\$18.54-\$20.86 per hour DOE)
ACCOUNTING TECHNICIAN – FT Regular (\$19.54 - \$26.33 DOE)
HEALTH INFORMATION MANAGEMENT, MANAGER – FT Regular (\$30.60 – \$35.49 DOE)
MEDICAL BILLING SPECIALIST – FT/Regular (\$17.90-\$24.25 per hour DOE).
EMT-1 – Temporary and FT Regular (\$16.00 - \$18.00 DOE)
OUTREACH COORDINATOR (BEHAVIORAL HEALTH) –FT/Regular (\$20.00 - \$24.00 DOE)
SENIOR RADIOLOGIC TECHNOLOGIST – FT Regular (\$35.59 - \$48.60 DOE)
COALITION COORDINATOR – FT Regular (\$17.14 - \$20.01 per hour)
PERSONAL HEALTH RECORD (PHR)/ MEDICAL RECORDS SPECIALIST – FT Regular (\$18.62 - \$23.77 per hour DOE)
MAT CARE MANAGER NURSE – FT/Regular (Salary DOE and licensure) RN or LVN Licensure.
CERTIFIED MEDICAL ASSISTANT – FT Regular (\$20.44 - \$27.55 per hour DOE)
MEDICAL ASSISTANT – FT Regular (\$18.62 - \$25.09 per hour DOE)
DENTAL HYGIENIST – FT/Regular (\$39.00-43.00 DOE)
PHYSICIAN – FT/Regular (\$290K-\$330K)
MENTAL HEALTH CLINICIAN – FT/Regular (DOE licensure and experience) LMFT, LCSW, Psychologist, or Psychiatrist
DENTIST – FT/Regular (\$190K-\$240K)

All positions above are Open Until Filled, unless otherwise stated.

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 OR call 530-625-4261 OR apply on our website: <https://www.kimaw.org/> for a copy of the job description and to complete an electronic application. Resume/ CV are not accepted without a signed application.



Redwood Coast Regional Center

Be a part of a great team!

FAMILY HOME AGENCY MANAGER

FT in Eureka, CA. Supporting indiv.
w /dev & intellectual disabilities.

Requires BA w / exp in human
services or related field. Sal range
starts \$4165/mo. Exc. bene.

Visit www.redwoodcoastrc.org for
more info & required docs. **EOE**



Redwood Coast Regional Center

Be a part of a great team!

DEAF & HARD OF HEARING SPECIALIST

FT in Eureka, CA. Developing services
for deaf+ indiv. Requires BA w / exp
in human services or related field. Sal
range starts \$4483/mo. Exc. bene.

Visit www.redwoodcoastrc.org for
more info & required docs. **EOE**



Redwood Coast Regional Center

Be a part of a great team!

LICENSED CLINICAL PSYCHOLOGIST

FT position in Eureka, CA provide
clinical svcs & support for people
w/dev & intellectual disab.

Salary range \$7879- \$11087/
mo + exc. benefits. **EOE**

Visit www.redwoodcoastrc.org
for more info & required docs.

Hiring?

Post your job opportunities
in the **Journal**.

442-1400 x314
classified@northcoastjournal.com

ESSENTIAL CAREGIVERS
Needed to help Elderly
Visiting Angels
707-442-8001

Hiring?

442-1400 x314
northcoastjournal.com

Make a Difference IN YOUR COMMUNITY

California MENTOR is seeking individuals
and families with an available room in their home to
help support an adult with developmental disabilities.
Work from the comfort of your own home while
making a difference in our community and changing
someone's life for the better. Receive ongoing support
and a dependable monthly payment.

CONTACT SHARON
AT 707-442-4500
www.mentorswanted.com

California
MENTOR

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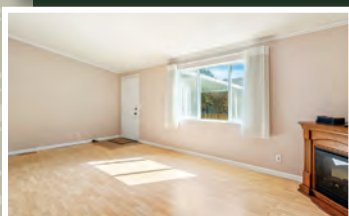


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Enjoy the fenced, grassy yard offering ample space for gardening and enjoying the outdoors. This quiet community backs up to a greenbelt with no neighbors behind! Schedule your private tour today.



598 PACIFIC LUMBER
CAMP ROAD, FRESHWATER
\$1,495,000

Beautifully crafted estate set on ± 5.5 acres alongside Freshwater Creek. Recently updated, this 2900 sq ft home boasts 3 bedrooms, 3 bathrooms, and seamless indoor-outdoor living. Additionally, find a riding arena, horse paddocks, and a spacious barn/shop offering the potential for a second unit.



410 BEACH DRIVE,
MANILA
\$178,000

Dreaming of stepping out your front door to take a sunset beach walk? Then consider this NorCal undeveloped coastal property adjacent to a stretch of ten uninterrupted miles of public dunes and beaches. The parcel offers wild and wonderful open space with a dynamic and panoramic sky. The zoning is single family residential and will require a coastal development permit from the county. Seller has completed some of the necessary legwork and requirements. OMC with 50% down.



3820 & 3816 THOMAS
ROAD, MIRANDA
\$675,000

Experience the very best of Southern Humboldt rural living on this remarkable ± 120 acre Salmon Creek property that enjoys end of the road privacy and a gorgeous custom home overlooking your own pond and expansive views of the Salmon Creek watershed. Additional features include two additional cabins, natural clearings, an orchard, creeks, springs, a hydroelectric system, solar system, outbuildings, and much more!



± 6.9 ACRES MITCHELL
ROAD, EUREKA
\$250,000

Redwood forest sanctuary totaling ± 6.89 acres conveniently located just 5 minutes from Redwood Acres! Ready to build with community water available, PG&E to the property's edge, completed perc test, and building site located at the top of the property.



1068 HAWKINS BAR
ROAD, HAWKINS BAR
\$295,000

Cute & clean 3 bedroom, 1 bathroom house located in sunny Hawkins Bar! Located on over half an acre offering a fenced yard, above ground pool, garden area, gardening sheds, and carport. Enjoy exclusive Trinity River access as a part of the Trinity Village community!



32 DEADWOOD
COURT, BIG BAR
\$60,000

± 1.2 Acres of beautiful space perfect for your dream home! This property already has septic and electrical in place, this parcel is ready to build. Included in purchase, parcel development plans that just need to be submitted with an architect and county!

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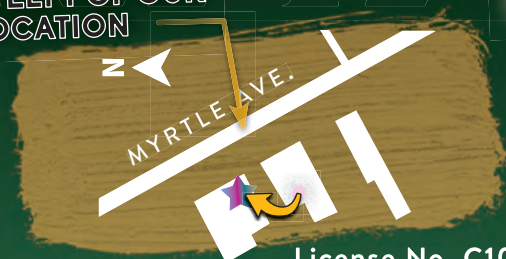
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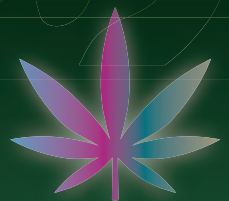
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